

And on the 8th day, G-d created Seniors.

Most seniors never get enough exercise. In His wisdom, G-d decreed that seniors become forgetful so they would have to search for their glasses, keys, and other things, thus doing more walking. And G-d looked down and saw that it was good.

Then G-d saw there was another need. In His wisdom He made seniors lose coordination so they would drop things, requiring them to bend, reach, and stretch. And G-d looked down and saw that it was good.

Then G-d considered the function of bladders and decided seniors would have additional calls of nature, requiring more trips to the bathroom, thus providing more exercise. G-d looked down and saw that it was good.

So if you find, as you age, you are getting up and down more, remember it's G-d's will. It is all in your best interest even though you mutter under your breath.



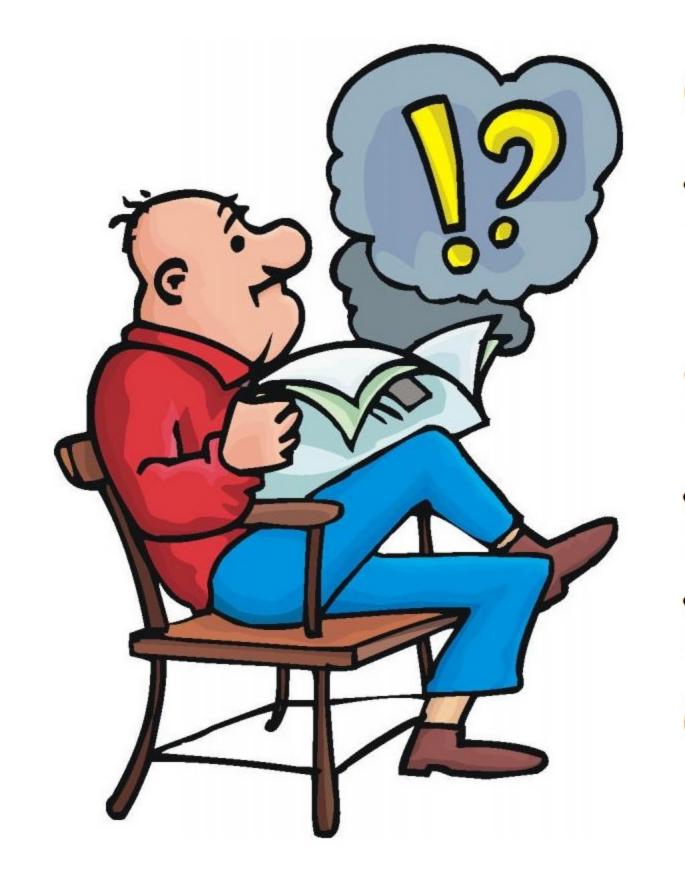
A-A-R-P! I wanna join the A-A-R-P!



The Retirement Village People



TITTE



Old age always seems to come at a bad time.

When you finally think you know everything, you start forgetting everything you know.



Some people seem to have aged like fine wine. I aged like milk: I got sour and chunky.



ARENT YOU GUYS
A LITTLE OLD TO BE
LISTENING TO A ROCK
AND ROLL BAND?

THE ARENA

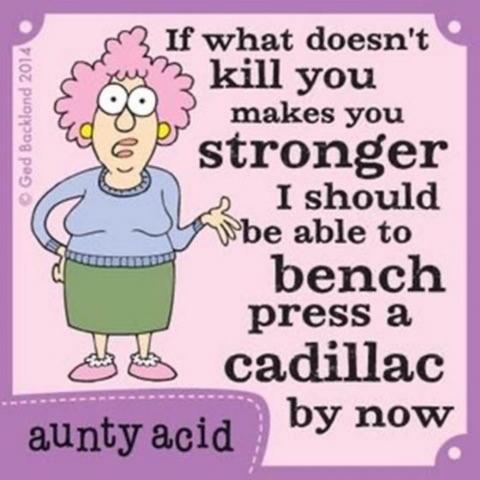
-TONIGHT-'60'S ROCK 'N' ROLL BAND

WE ARE THE BAND.











- CALL DENTIST ABOUT MISSING DENTURES.
- CALL DOCTOR ABOUT EMBARRAGGING NEW DISCOMFORT.

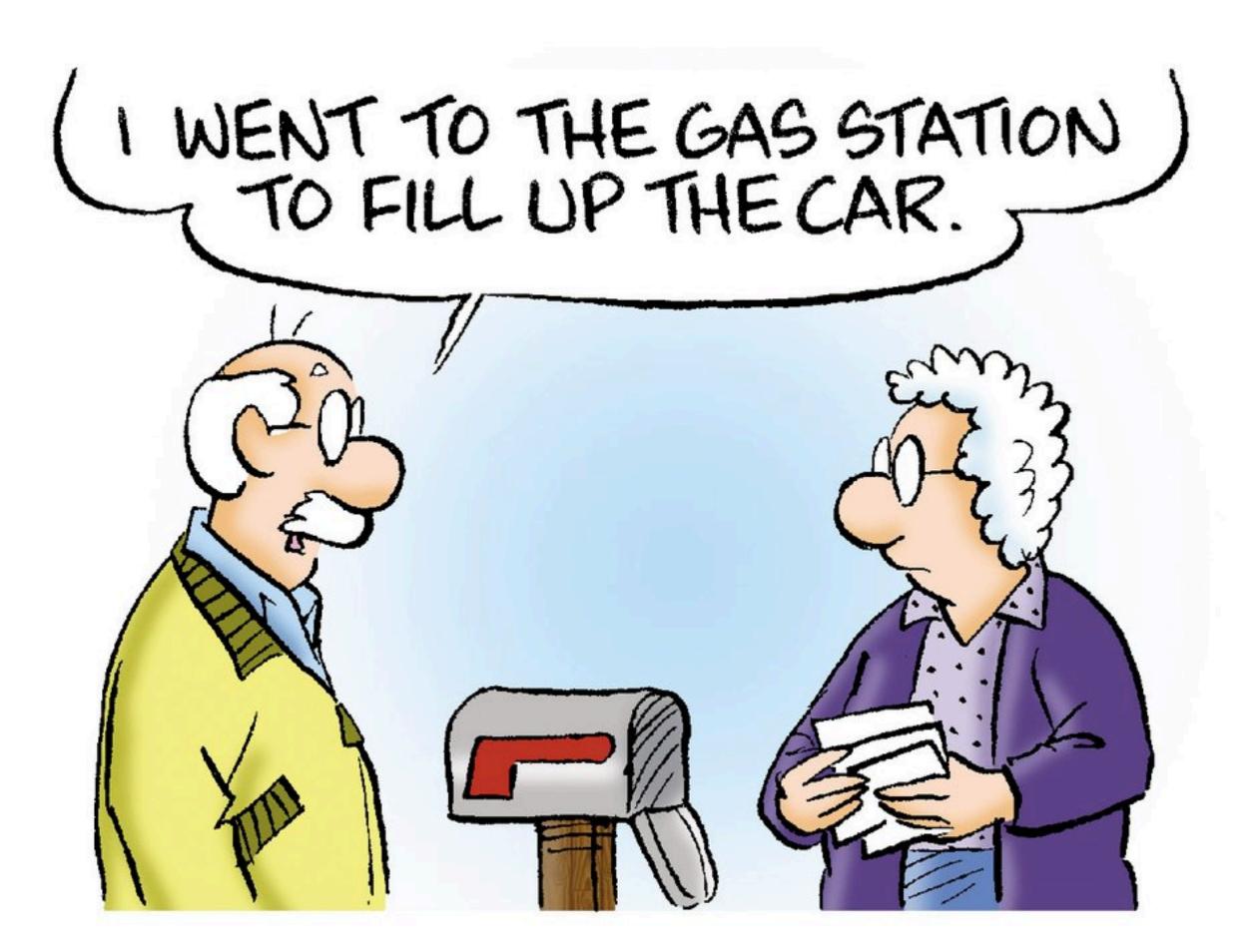




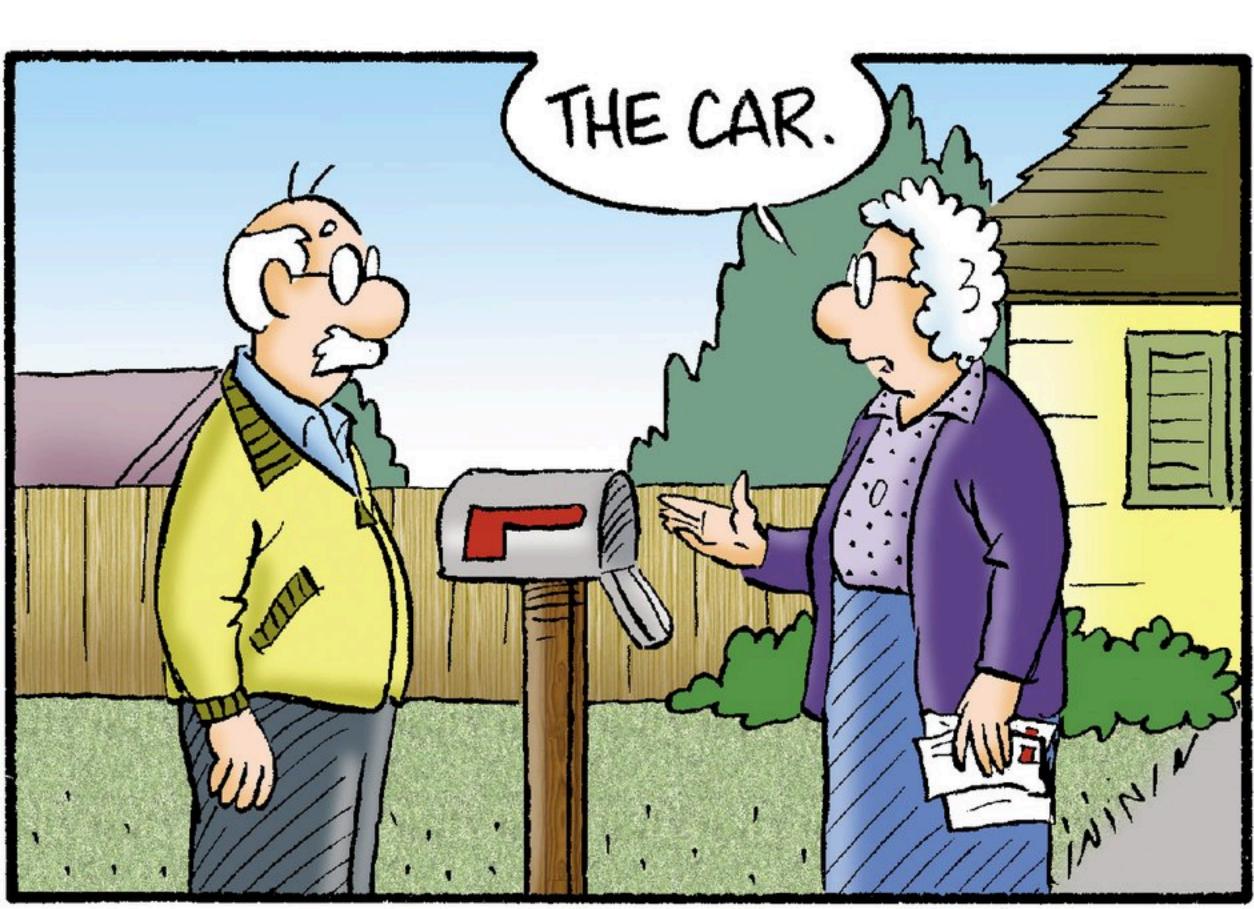
PICKLES

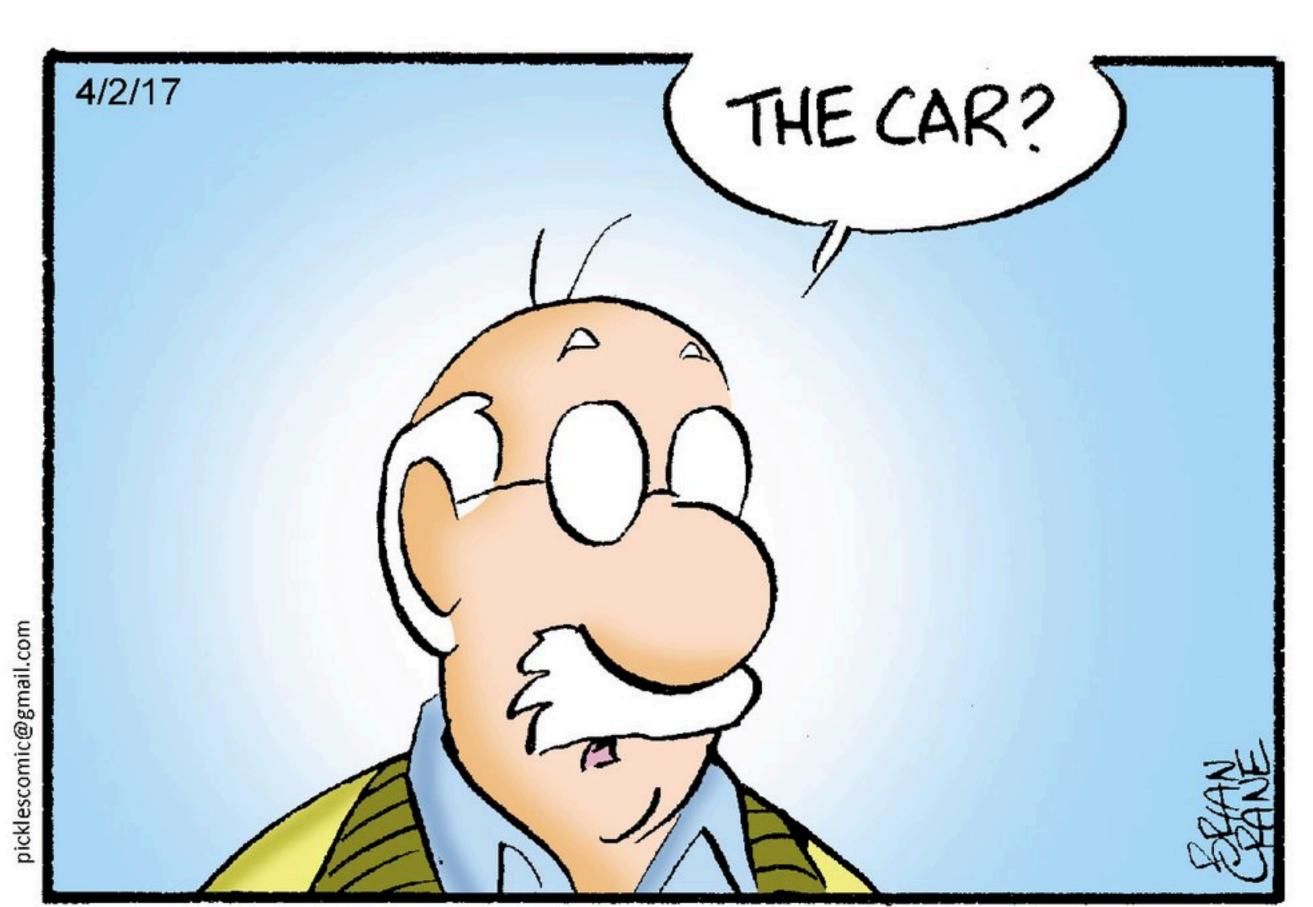
BY BRIAN CRANE

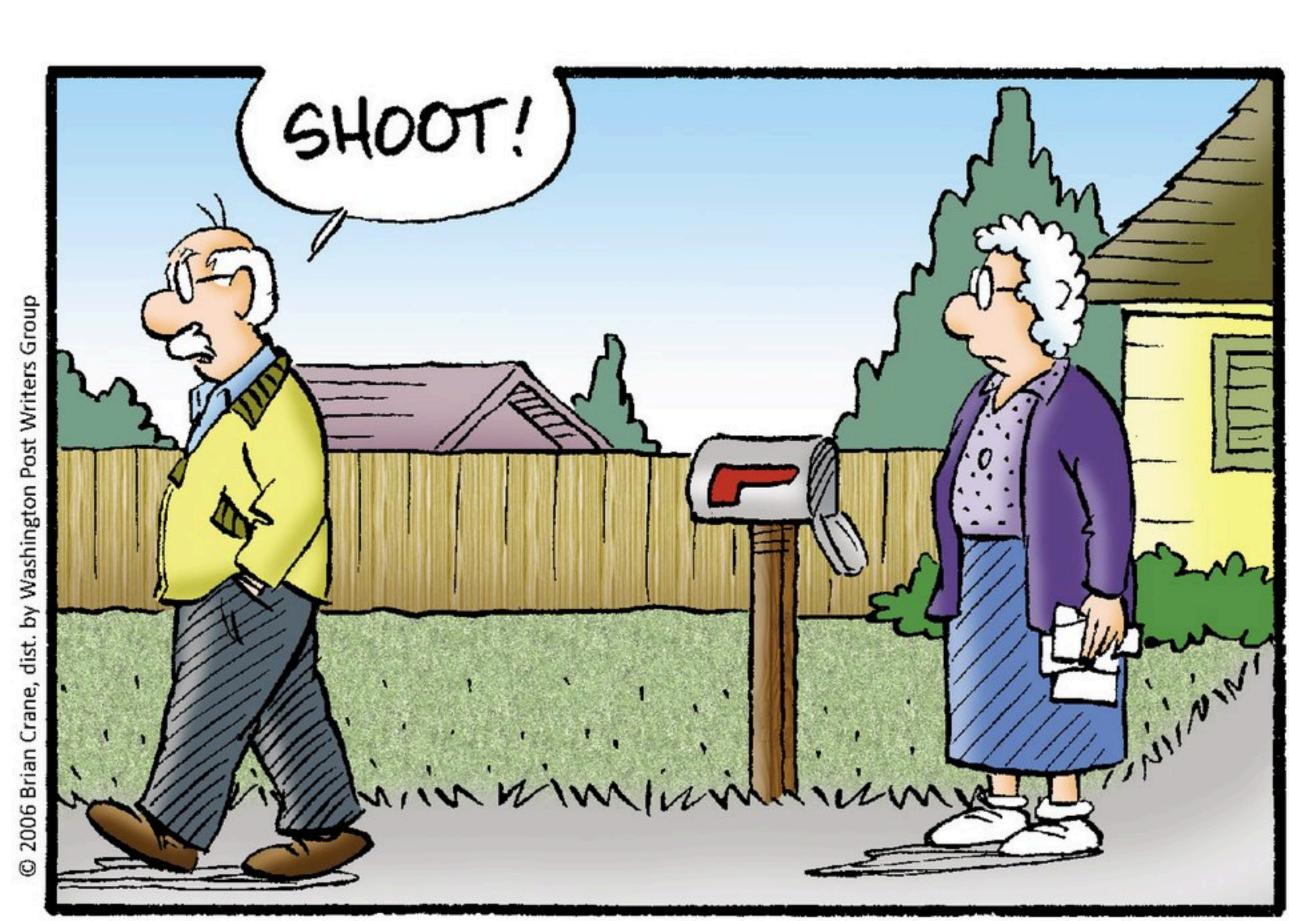






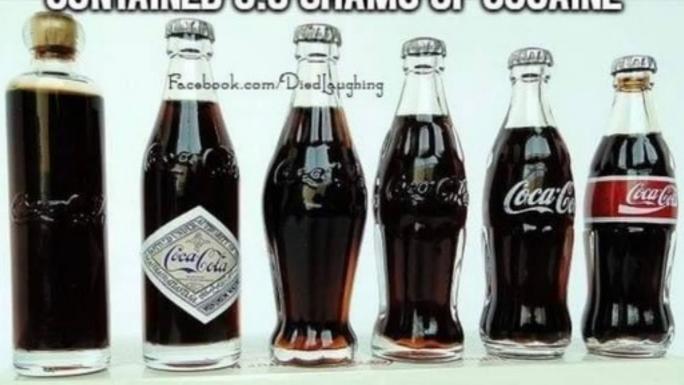




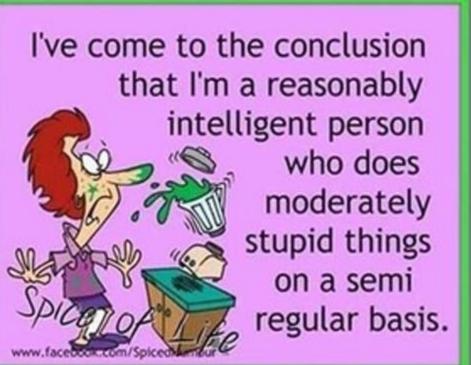




THE FIRST BOTTLES OF COCA COLA CONTAINED 3.5 CRAMS OF COCAINE

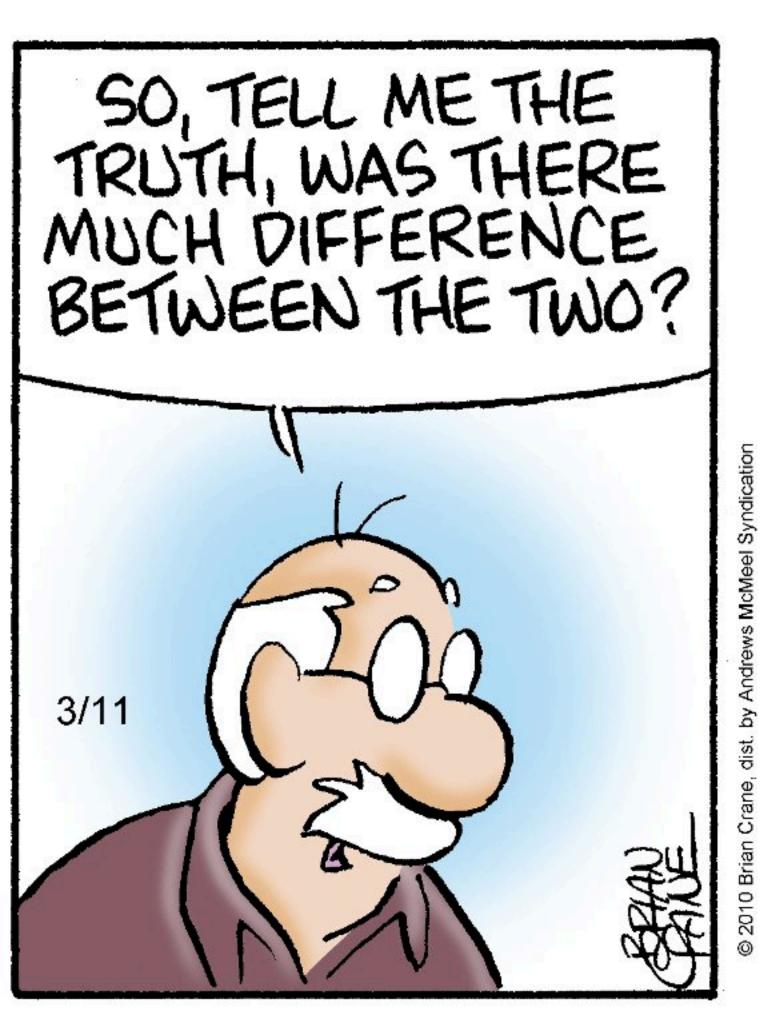


EXPLAINS HOW YOUR GRANDPARENTS WERE ABLE TO WALK TO SCHOOL UPHILL BOTH WAYS IN THE SNOW















" It says here that you'd prefer someone with regular bowel movements..Does it matter if they're involuntary?"

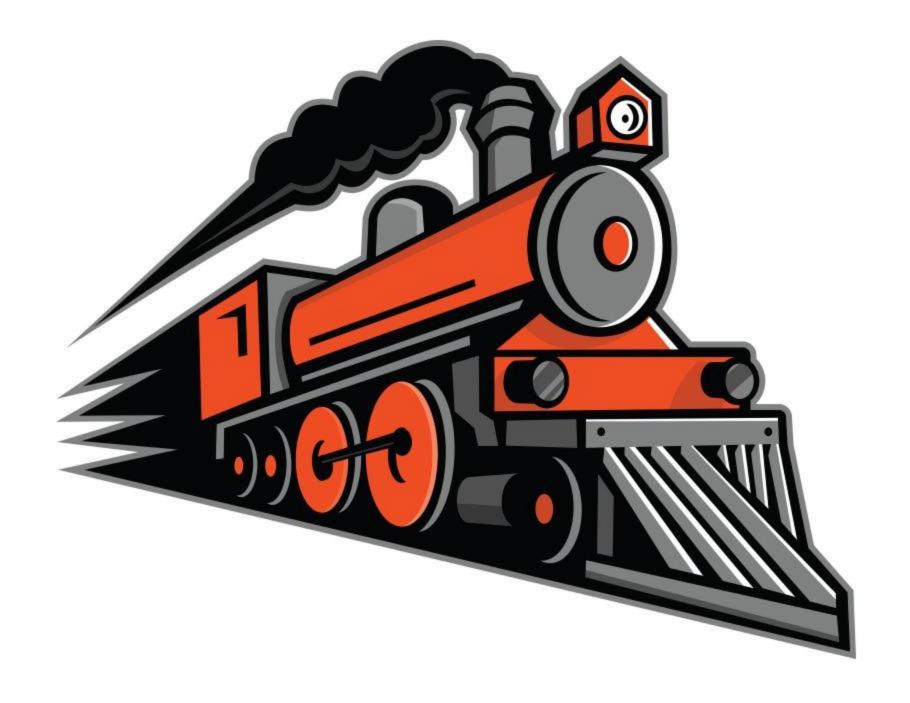




I still have a full deck, I just shuffle slower.



I'm getting so old that all my friends in heaven will think I didn't make it



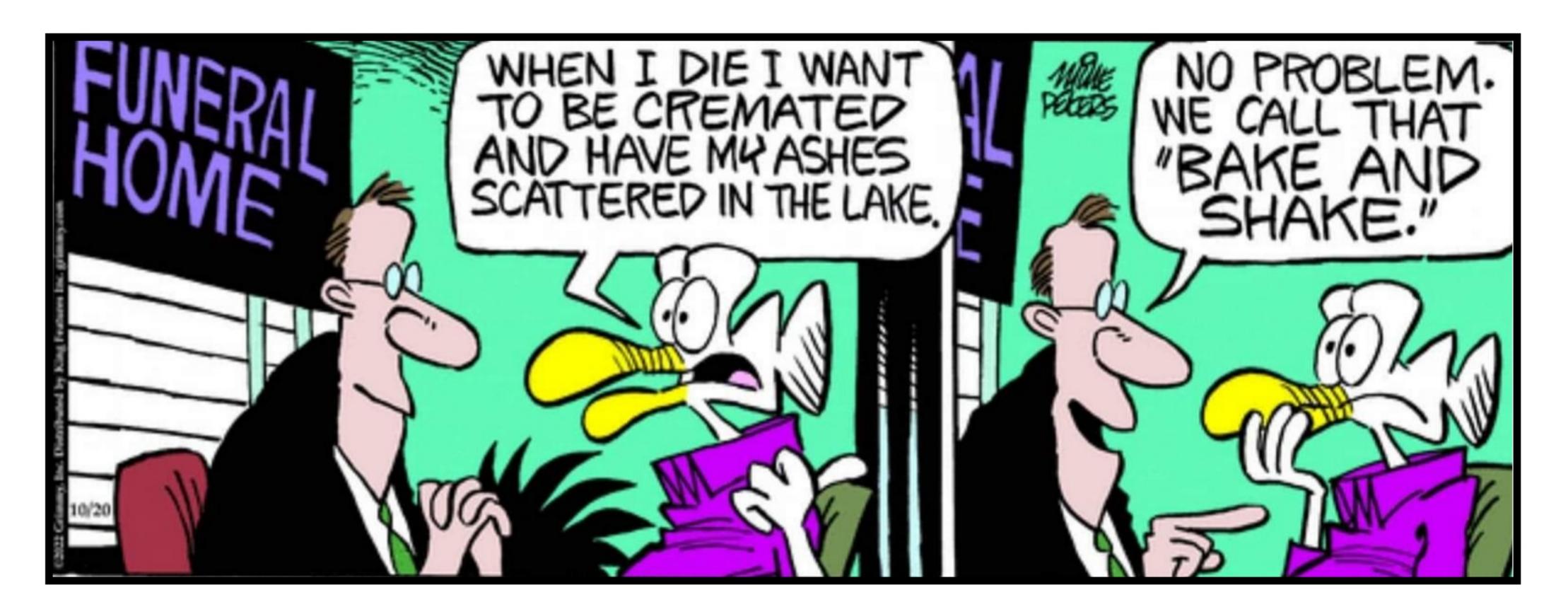
My train of thought just derailed.

There were no survivors.

When I was a kid there were two ways to die,



Natural causes and talking back to your parents





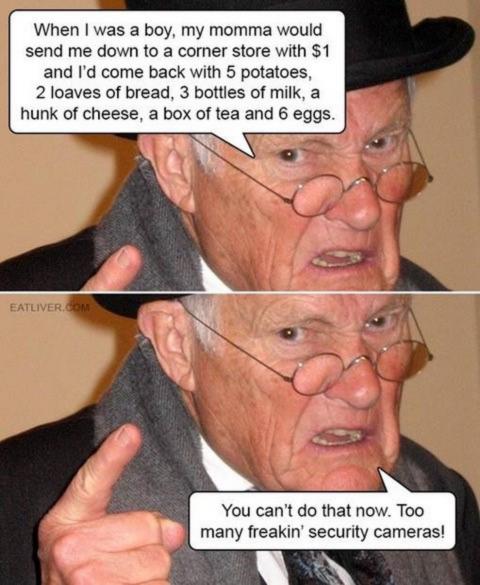








"You don't look anything like the long haired, skinny kid I married 25 years ago. I need a DNA sample to make sure it's still you."







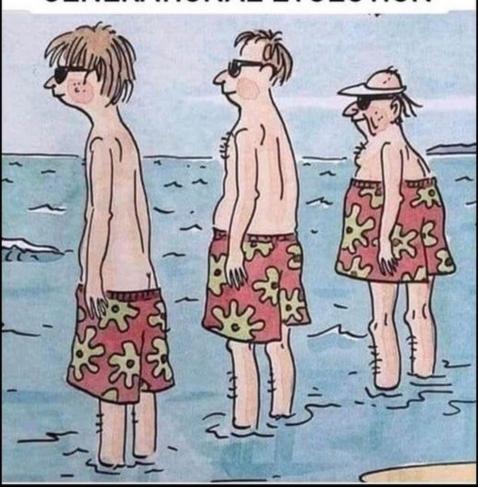
"He's been teaching me to drive."



"I hope you don't mind, but I used the computer to remove all those age spots and that hideous mole you have."

As the got older, I thought I was starting to get lazy, but it turns out I am just being more energy efficient.

GENERATIONAL EVOLUTION





Warren has already fashioned a nice exoskeleton for Janice.



"Lately, I've been feeling lethargic, listless and apathetic, and if I stand up too suddenly, I get dizzy. My daughter says she has to smoke two joints to feel like that."

The kids won't move back home if they can't find it.



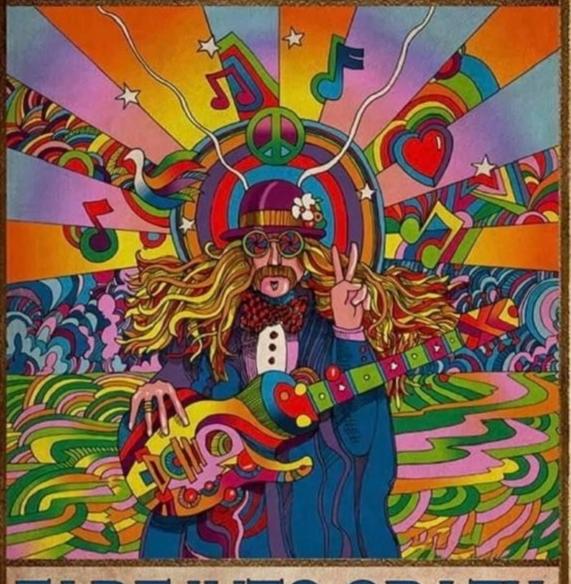
When I was young, I was a poor golfer. But after years of play and practice, I am no longer young.







OLD HIPPIES DON'T DIE THEY JUST



FADE INTO CRAZY GRANDPARENTS







REMEMBER WHEN YOU COULD REFER TO YOUR KNEES AS RIGHT AND LEFT?



INSTEAD OF GOOD AND BAD. AH GOOD TIMES, EH!



The older I get, the more I regret all the people I've lost over the years.

Maybe being a trail guide wasn't such a great idea after all.





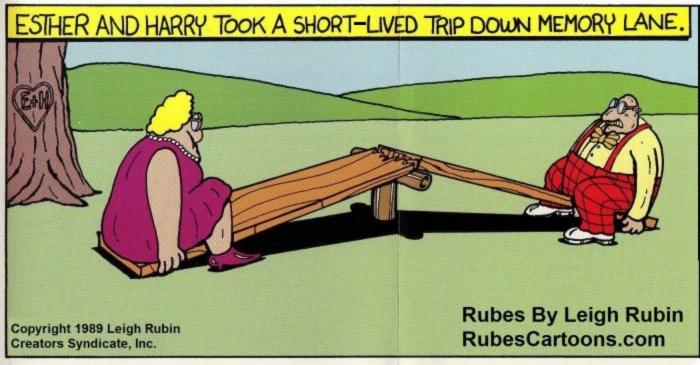


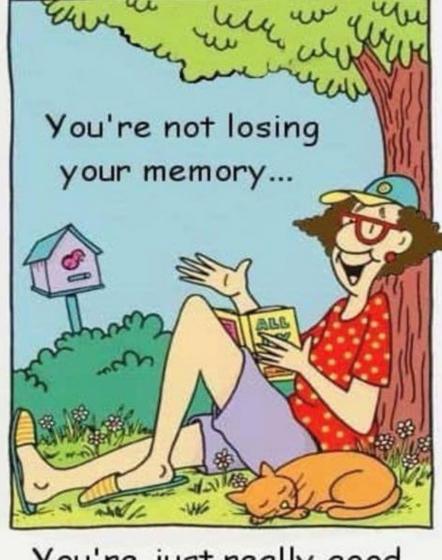


Math problem George have?

If George is 73 and his girlfriend is 26. How much money does

of the day:





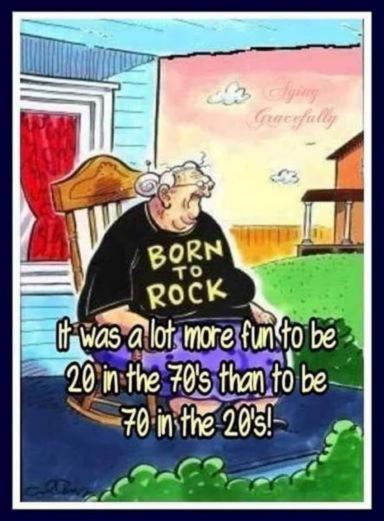
You're just really good at letting go of the past!



"Honey, that's a mirror."

viror, Mirror on the wall what the hell, HAPPENED?

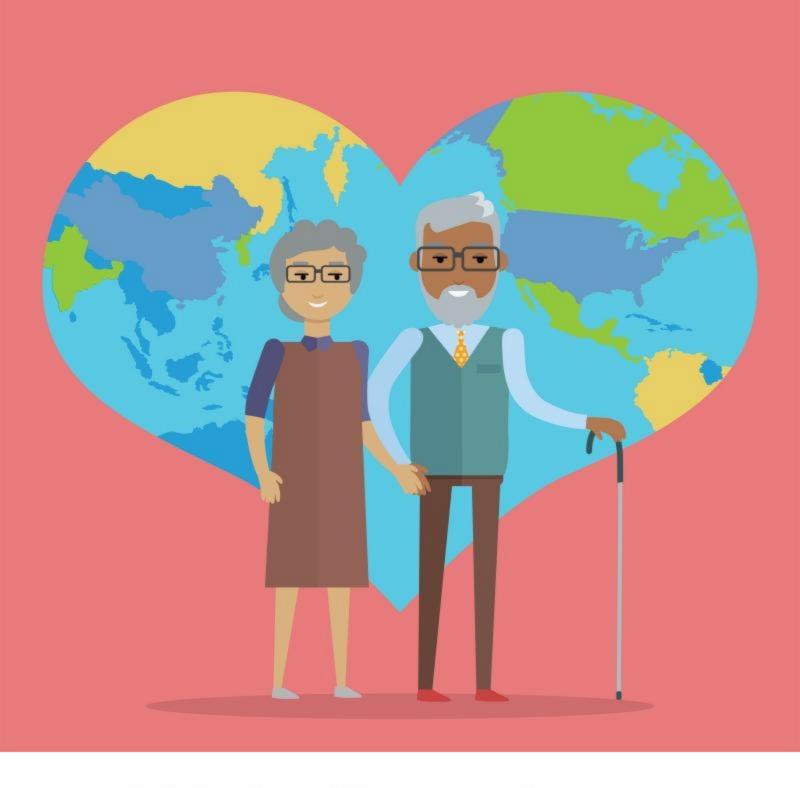






"For Mother's Day, my mom would like the activism of her youth to not be for nothing."

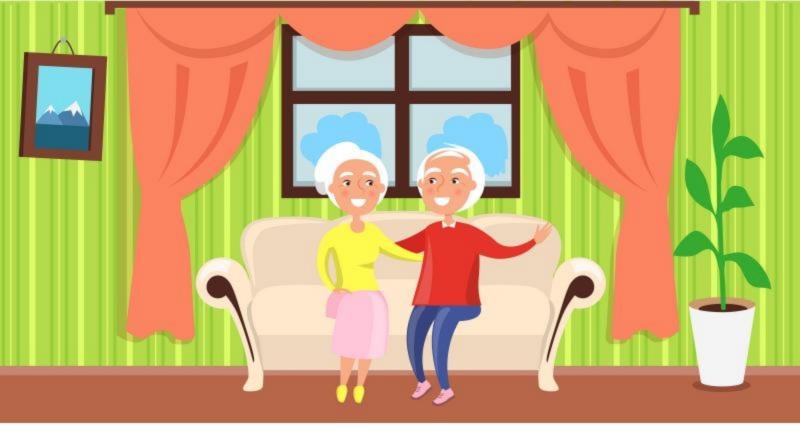




Old lady: "Dear, do you remember if we ever had mutual orgasm?"
Husband: "Mutual? No, we always had Allstate."

You know you've grown up when a nap is no longer a punishment but a reward.





Ruth asks Ben, "Do you remember when we we were first married and you used to take my hand and kiss me on the cheek and then you'd nibble on my ear?"

Ben replies, "You bet, dear. Let me go get my teeth."

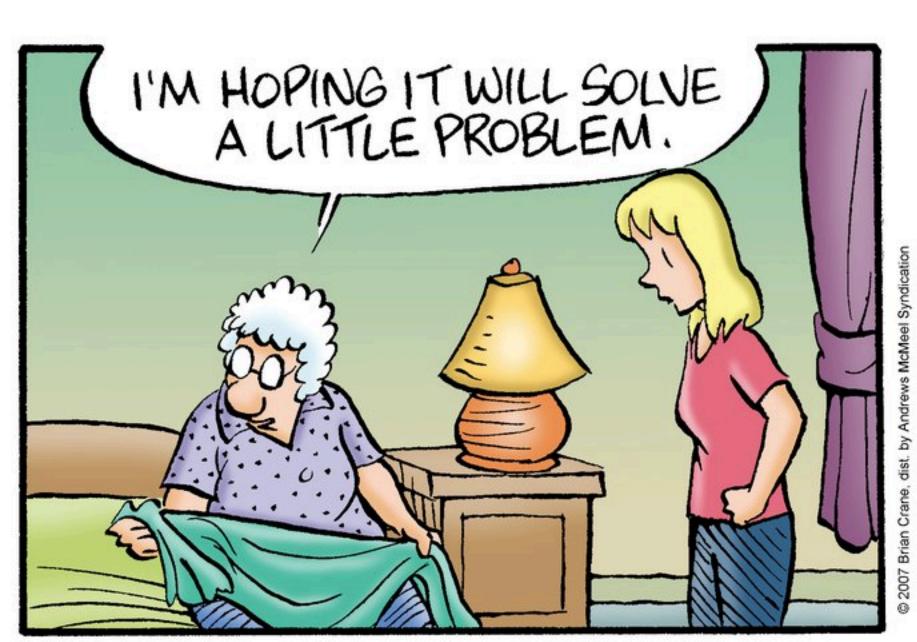




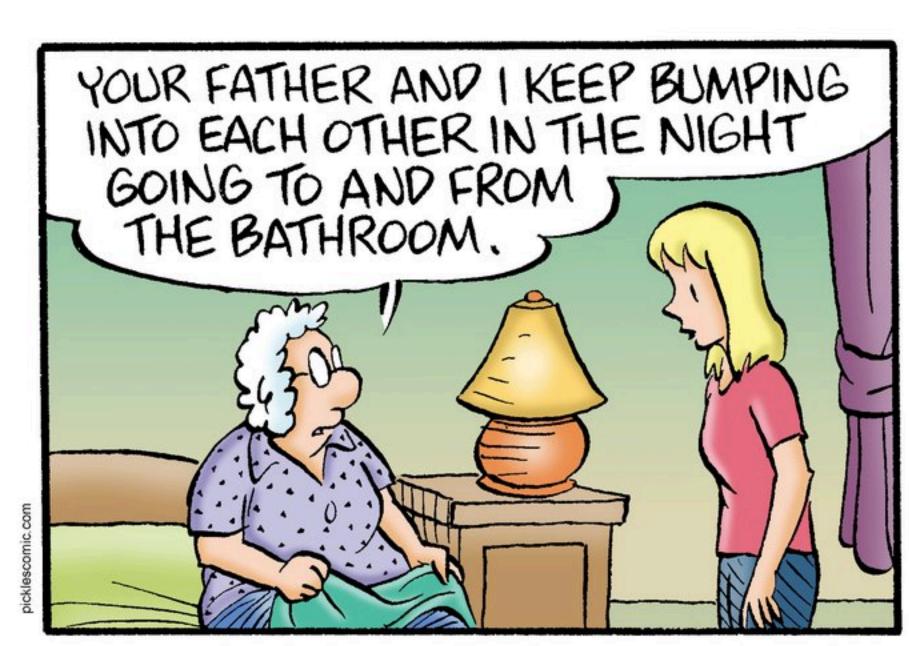














We are still battling Covid 19 and the next thing is here already.

The NILE Virus, type C

Virologists have identified a new Nile virus - type C

It appears to target those who were born between 1940 and 1970

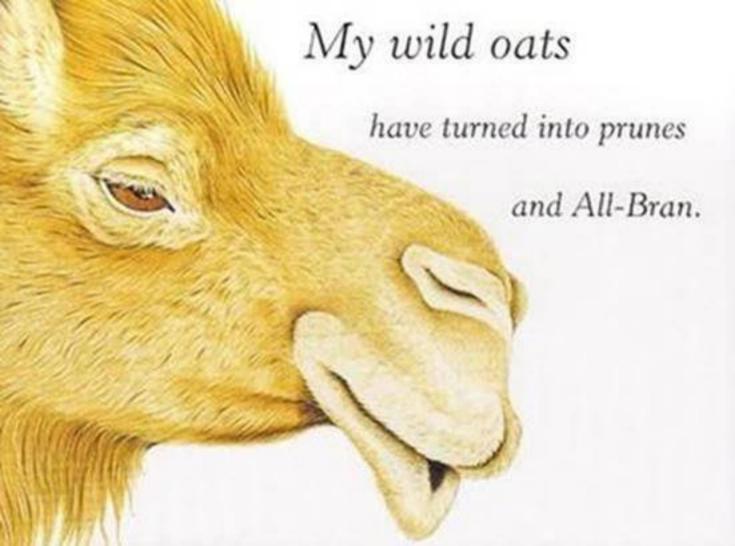
Symptoms:

- Causes you to send the same message twice.
 - 2. Causes you to send a blank message.
- 3. Causes you to send a message to the wrong person.
 - Causes you to send it back to the person who sent it to you.
 - Causes you to forget to attach the attachment.
 - 6. Causes you to hit SEND before you've finished.
 - 7. Causes you to hit DELETE instead of SEND
 - 8. Causes you to SEND when you should DELETE

It is called the C-NILE virus!

And if you can't admit to doing the above you've obviously caught the mutated strain, the D-NILE virus.









Do you realize how weird it is being the same age as old people??







An old lady walks up to one of the old men in the retirement home and says, "If you drop your pants, I bet I can tell your age."

The man drops his pants and she says, "You're 83."

"You're right!" says the man in surprise. "How can you tell?"

"You told me yesterday."





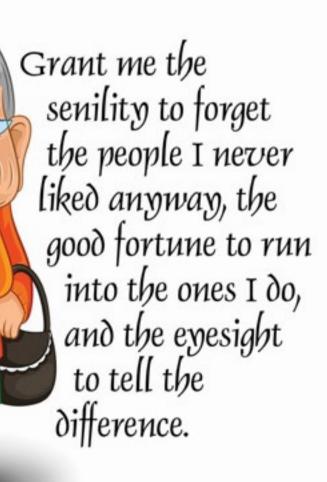
Don't worry about old age. It doesn't last that long.

Just before I die I will swallow an entire bag of popcorn kernels.



My cremation will be epic!





How to prevent your kids from borrowing the car...

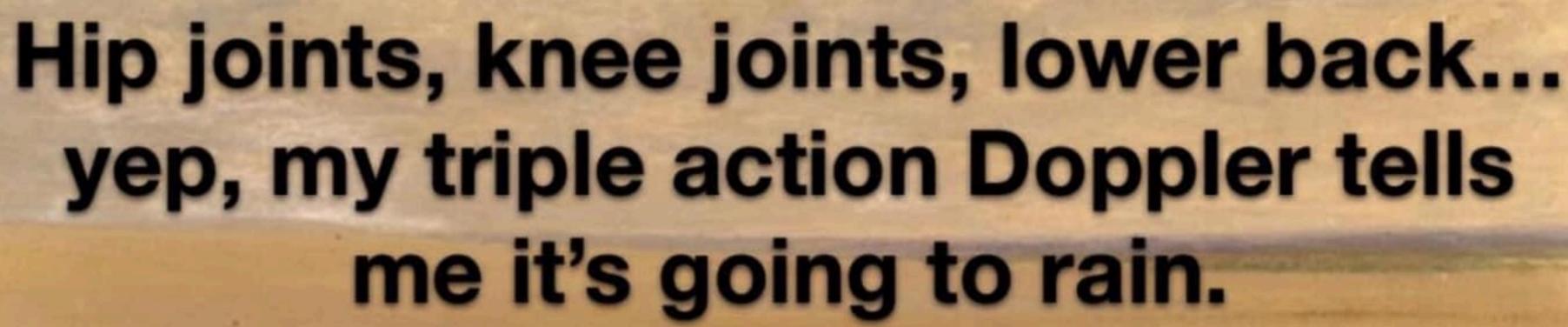


FITNESS LEVEL:

PULLED A
MUSCLE IN MY
ASS JUST
CROSSING

MY LEGS.





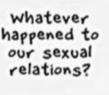




Every day after school, Genevieve performed volunteer work reading YouTube comments to the elderly



Steve and Alison are pleasantly fatigued by the regularity of their day.



I don't know.

I don't even
think we got
a Christmas
card from them
this year.







Chet's nuts roasting on an open fire.







WELL, I'M THE ONE

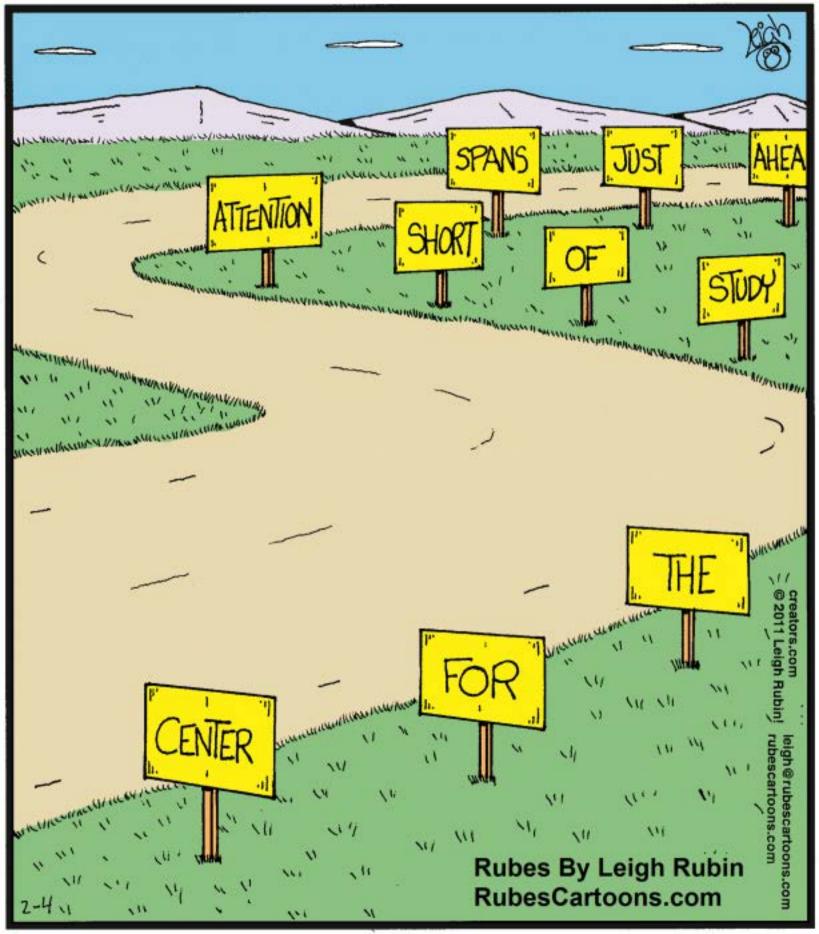








I have a new GPS for seniors! Not only does it tell me how to get to my destination, it also tells me why I am going there.



My wife is singing in the house



I'm sitting outside so the neighbors don't think I'm hitting her



"Now take them big birds, Barnaby. ... Never eat a thing ... just sit and stare."



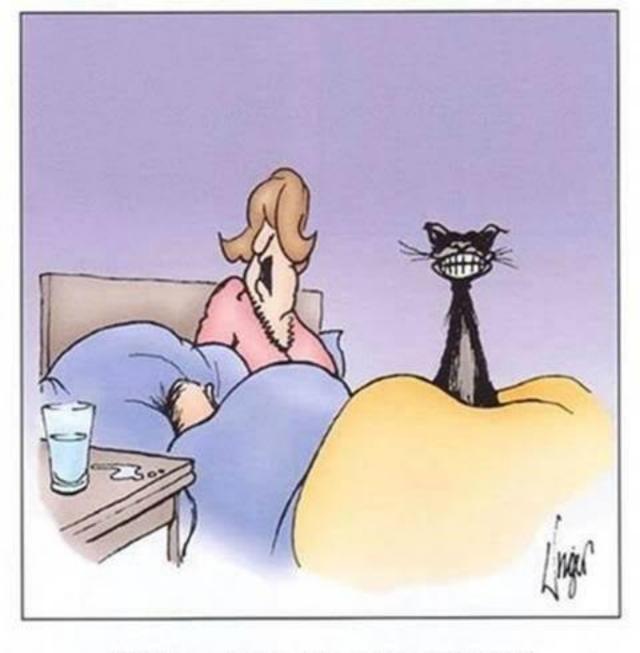


A self-important college freshman attending a football game took it upon himself to explain to a senior citizen sitting next to him why it was impossible for the older generation to understand his generation. "You grew up in a different world, actually an almost primitive one," the student said, loud enough for many of those nearby to hear. "The young people of today are much more advanced than people your age."

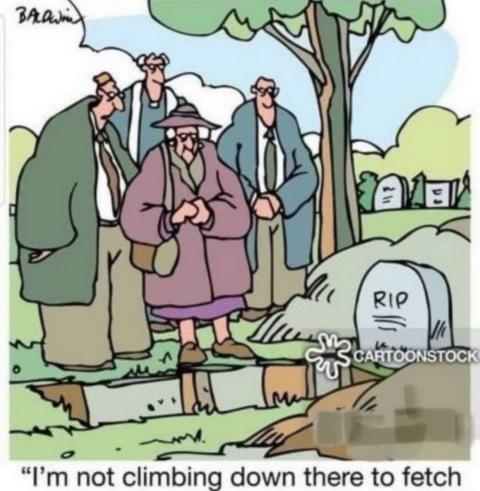
He continued, "We grew up with television, jet planes, space travel, man walking on the moon and the internet. We have cellphones, nuclear energy, electric and hydrogen cars, computers, automated manufacturing, and [pausing to take another drink of beer]...."

The senior took advantage of the break in the student's litany and said, "You're right, son. We didn't have those things when we were young... so we invented them. Now, you arrogant little shit, what are YOU doing for the next generation?"

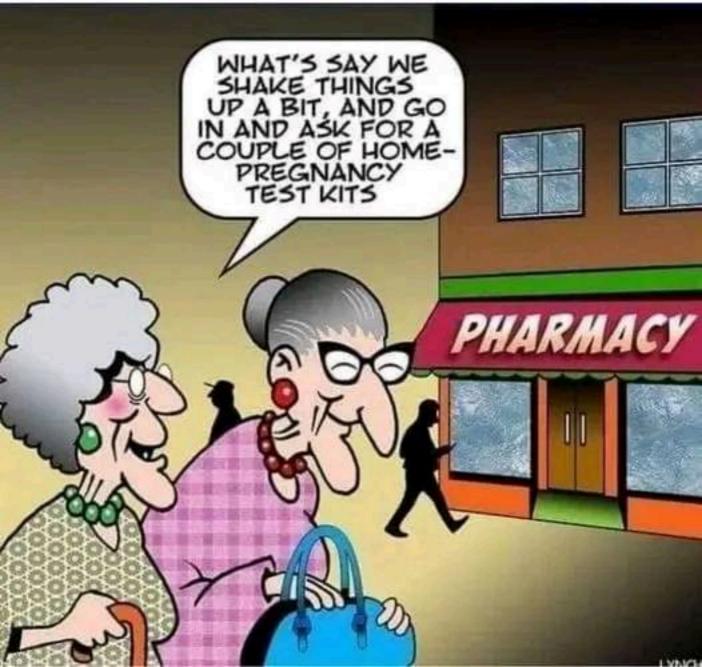
The applause was resounding.

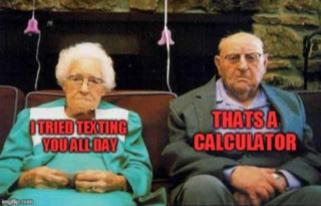


"Wake up. The cat's got your teeth."



"I'm not climbing down there to fetch your teeth. Serves you right for spitting."





It Is Time!

How do you know when it is time to "hang up the car keys"?

I say when your dog has this look on his face!

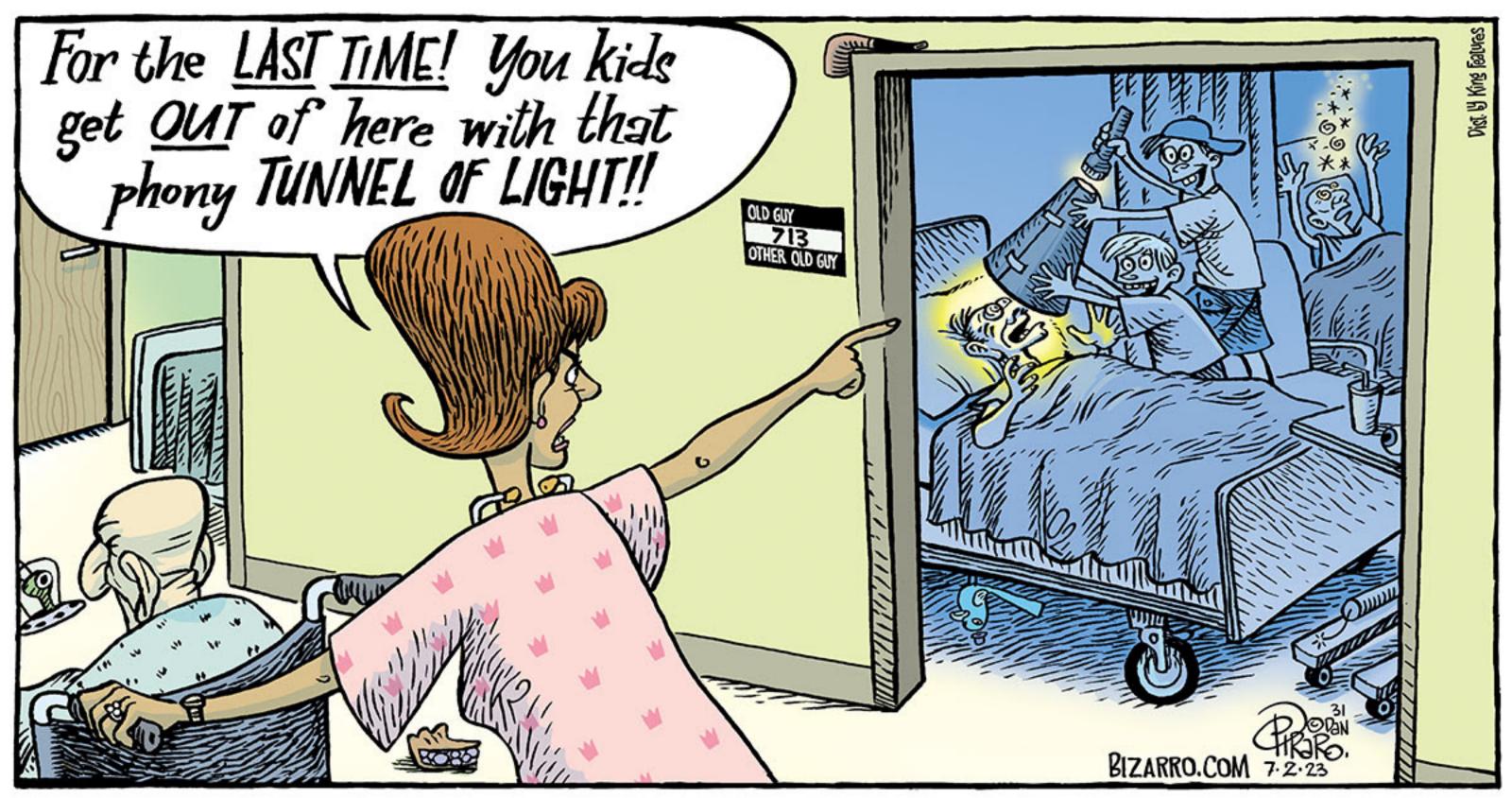




Rare footage of my parents on their way to school



This Is the Reason Why You Should Not Wait Until Retirement:to Travel!





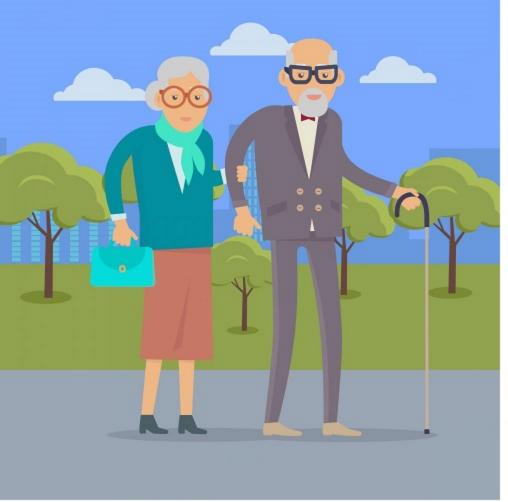
DEAD MAN WALKIN'



Why does the need to pee intensify by a million when you are trying unlock the door to your house? aunty acid

MY LIFE BROKEN DOWN INTO SEGMENTS





An couple in their retirement home are reading. 92-year-old Bob looks up and asks his 87-year-old wife Sally, "You want to go for a walk?"

Sally asks, "Isn't it windy?"

Bob says, "No, it's Thursday."

Sally answers, "Yeah, me too. Let's go down to the dining room for a soda."



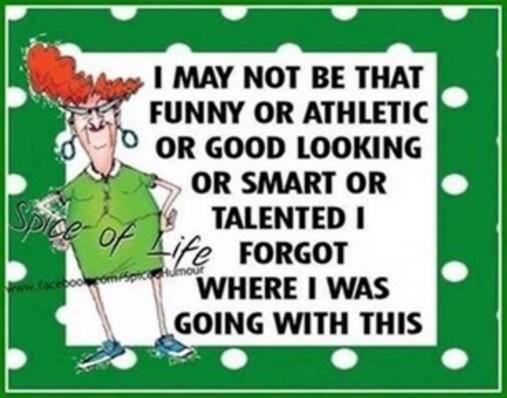
An elderly man is weeping alone on a park bench. A young passerby asks him what's wrong.

"I'm married to a beautiful 22-year-old woman!"

"What's wrong with that?" asks the young man.

"I've forgotten where I live!"

Prairie Home Companion



Me: What a beautiful moon

Me: *Puts on glasses*



Now, now, don't worry! Wrinkles are just







BRAIN AT 0300:

"I can see that you're trying to get back to sleep, so I am offering you a selection of every bad memory, unresolved issue, or regrets about things you should have said or done today as well as in the past decades."



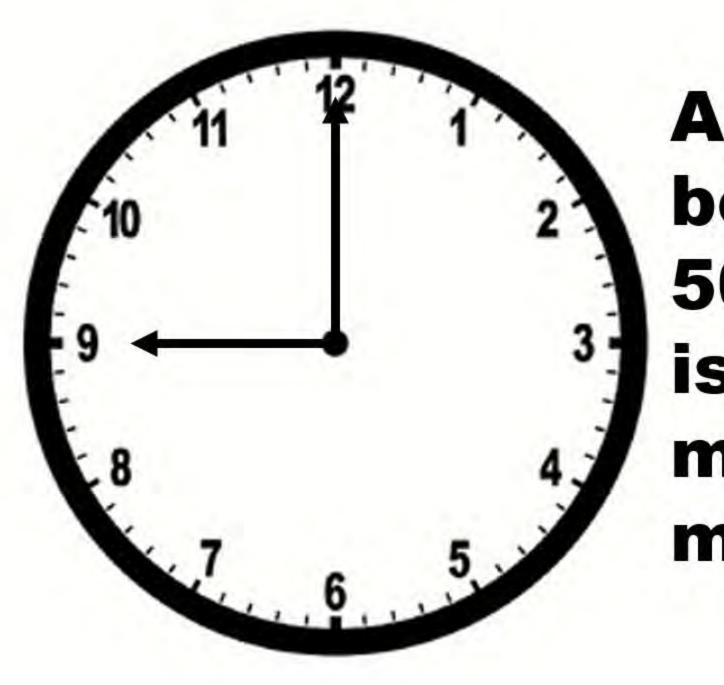
Ten Suggestions For Seniors:

- #1 Talk to yourself. There are times you need expert advice.
- #2 "In Style" are the clothes that still fit.
- #3 You don't need anger management. You need people to stop pissing you off.
- #4 Your people skills are just fine. It's your tolerance for idiots that needs work.
- #5 The biggest lie you tell yourself is, "I don't need to write that down. I'll remember it."
- #6 "On time" is when you get there.
- #7 Even duct tape can't fix stupid but it sure does muffle the sound.
- #8 Lately, you've noticed people your age are so much older than you.
- #9 Growing old should have taken longer.
- #10 You still haven't learned to act your age, and hope you never will.





"That sucked—you couldn't talk, you couldn't text, and you couldn't pause it to go to the bathroom."



Age 70 may be the new 50, but 21:00 is the new midnight for me!

A.A.A.D.D.- KNOW THE SYMPTOMS:

Age-Activated Attention-Deficit Disorder.

This is how it manifests:

I decide to water my garden. As I turn on the hose in the driveway, I look over at my car and decide it needs washing.

As I start toward the garage, I notice mail on the porch table that I brought up from the mail box earlier.

I decide to go through the mail before I wash the car.

I lay my car keys on the table, Put the junk mail in the garbage can under the table, And notice that the can is full.

So, I decide to put the bills back
On the table and take out the garbage first...

But then I think, Since I'm going to be near the mailbox When I take out the garbage anyway, I may as well pay the bills first.

I take my check book off the table, And see that there is only one check left. My extra checks are in my desk in the study, So I go inside the house to my desk where I find the can of Pepsi I'd been drinking.

I'm going to look for my checks, But first I need to push the Pepsi aside So that I don't accidentally knock it over.

The Pepsi is getting warm, And I decide to put it in the refrigerator to keep it cold.

As I head toward the kitchen with the Pepsi, A vase of flowers on the counter Catches my eye--they need water.

I put the Pepsi on the counter and

Discover my reading glasses that I've been searching for all morning. I decide I better put them back on my desk, But first I'm going to water the flowers.

I set the glasses back down on the counter, Fill a container with water and suddenly spot the TV remote. Someone left it on the kitchen table.

I realize that tonight when we go to watch TV, I'll be looking for the remote,
But I won't remember that it's on the kitchen table,
So I decide to put it back in the den where it belongs,
But first I'll water the flowers.

I pour some water in the flowers, But quite a bit of it spills on the floor.

So, I set the remote back on the table, Get some towels and wipe up the spill.

Then, I head down the hall trying to Remember what I was planning to do.

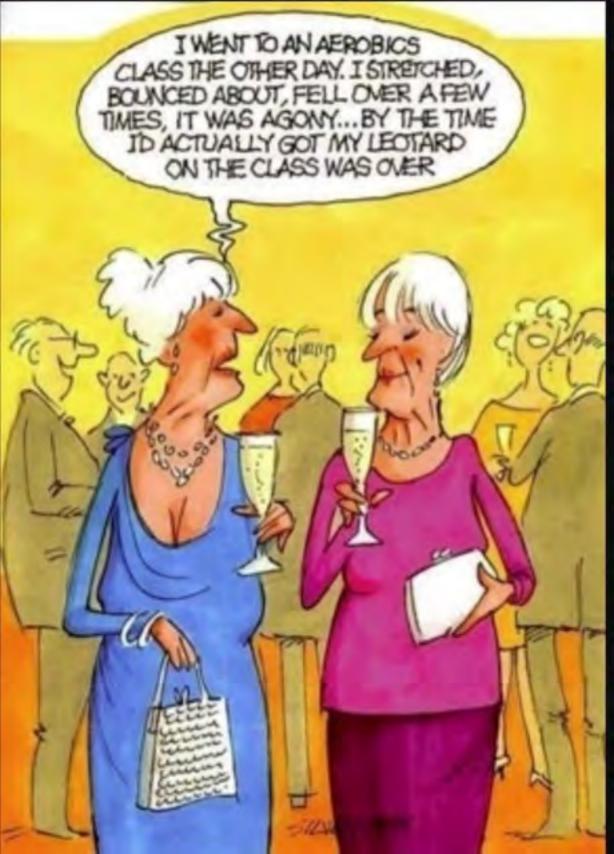
At the end of the day: The car isn't washed, The bills aren't paid, There is a warm can of Pepsi sitting on the counter, The flowers don't have enough water, There is still only 1 check in my check book, I can't find the remote, I can't find my glasses, And I don't remember what I did with the car keys. Then, when I try to figure out why nothing got done today, I'm really baffled because I know I was busy all day, And I'm really tired. I realize this is a serious problem, And I'll try to get some help for it, but first I'll check my email....







OK, I will ask your sister.







age is simply the number of years the world has been enjoying you!

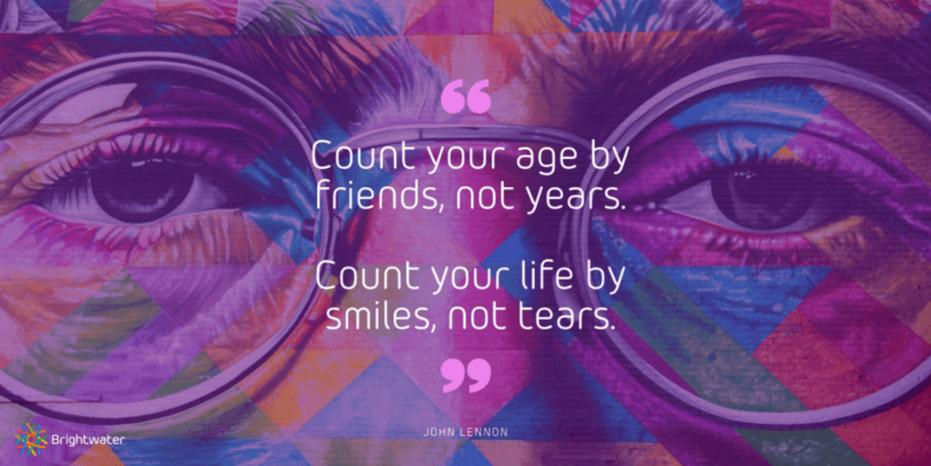


wrinkles will only go where the smiles have been

JIMMY BUFFET







growing old is mandatory, but growing up is optional!

Walt Disney





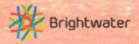
age is something that doesn't matter... unless you are a cheese!

Billie Burke



AGEING is just another word for LIVING

CINDY JOSEPH







It's not how old you are.

It's how you are old.

JULES RENARD





When we were small children, we all played dress-up & everybody had a good time. So why stop?

IRIS APFEL



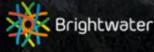






Getting old is like climbing a mountain; you get a little out of breath, but the view is much better!

INGRID BERGMAN







the best tunes are played on the oldest fiddles!

Ralph Waldo Emerson 1803 - 1882







Laughter is timeless. Imagination has no age. And dreams are forever.

WALT DISNEY





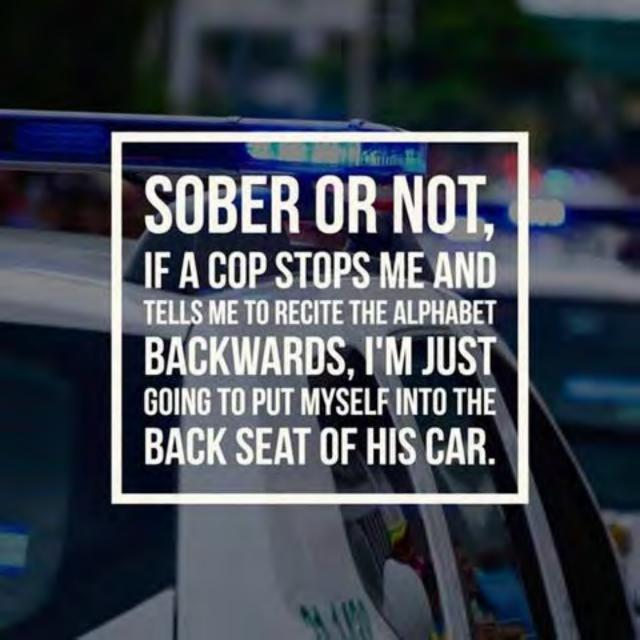














My three-year-old granddaughter just showed me how to access apps on my cellphone.

I had just discovered how to turn mine off without removing the battery. Them: What inspires you to get out of bed every morning?

Me: My bladder mostly.





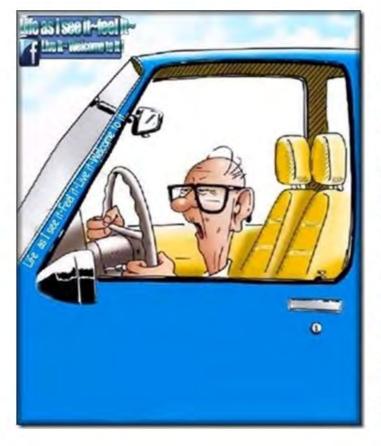






"If you want to know how old a woman is then ask her sister-in-law."

- Edgar Howe



I think more about running away now than I did as a kid, but by the time I put my teeth in, my glasses on, and find my keys I forget why I'm going.



"I'm at that age where my back goes out more than I do."

PhyllisDiller

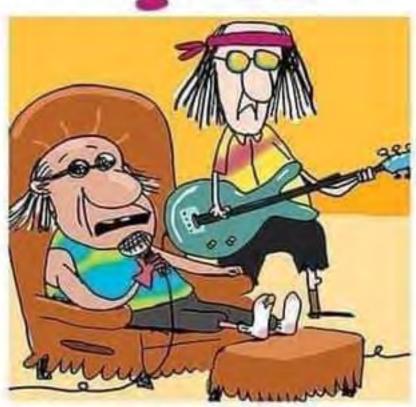
AREN'T YOU GUYS A LITTLE OLD TO BE LISTENING TO A ROCK AND ROLL BAND? THE ARENA

-TONIGHT-'60'S ROCK 'N' ROLL BAND

WE ARE THE BAND



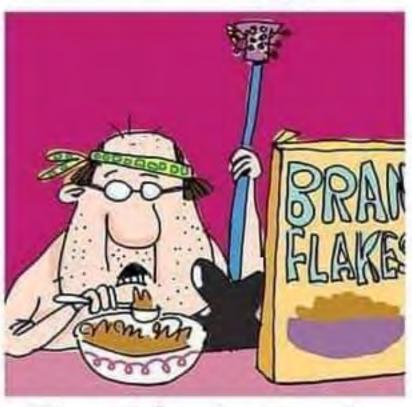
Rock'n Roll Bands for Folks Your Age.



The Grateful we're not Dead



Fleetwood Crack



Earth, Wind and Fiber



Boobie Brothers

My doctor said now that I'm older I need to install a bar in the shower



Benefits of being over 70 and heading towards 80!



- 1. Kidnappers are not very interested in you.
- 2.No one expects you to run-anywhere.
- 3.If people call at 8 PM they ask, "Did I wake you?"
- 4.People no longer view you as a hypochondriac.
- 5. There is nothing left to learn the hard way.
- 6. Things you buy now won't wear out.
- 7. You can eat supper at 5 PM.
- 8.You can live without sex but not your glasses.
- 9.Your supply of brain cells is finally down to manageable size.
- 10. You can't remember who sent you this list.
- 11.And you are glad these are all in big print.



An elderly woman walked into the head office of the Royal Bank of Canada one morning with a purse full of money. She wanted to open a savings account and insisted on talking to the President of the Bank because, she said, she had a lot of money to deposit.

After many lengthy discussions [after all, the client is always right] an employee took the elderly woman to the President's office. The President of the Bank asked her how much she wanted to deposit. She placed her purse on his desk and replied, "\$150,000.00". The President was curious and asked her how she had been able to save so much money. The elderly woman replied that she made bets.

The President was surprised and asked, "What kind of bets"? The elderly woman replied, "Well, for example, I bet you \$25,000.00 that your testicles are square". The President started to laugh and told the woman that it was impossible to win a bet like that. The woman never batted an eye. She just looked at the President and said, "Would you like to take my bet?" "Certainly" replied the President. "I bet you \$25,000.00 that my testicles are not square". "Done", the elderly woman answered. "But given the amount of money involved, if you don't mind, I would like to come back at 10:00 tomorrow morning with my lawyer as a witness." "No problem", said the President of the Bank confidently.

That night the President became very nervous about the bet and spent a long time in front of the mirror examining his testicles, turning them this way and that, checking them over again and again until he was positive that one could consider his testicles as square and reassuring himself that there was no way he could lose the bet.

The next morning at exactly 10 o'clock the elderly woman arrived at the President's office with her lawyer and acknowledged the \$25,000.00 bet made the day before that the President's testicles were square. The President confirmed that the bet was the same as the one made the day before. Then the elderly women asked him to drop his pants etc. so that she and her lawyer could see clearly. The President was happy to oblige.

The elderly woman came closer so she could see better and asked the President if could touch them. "Of course," said the President. "Given the amount of money involved, you should be 100% sure". The elderly woman did so with a little smile. Suddenly the President noticed that the lawyer was banging his head against the wall. He asked the elderly woman why he was doing that and she replied, "Oh, it's probably because I bet him \$175,000.00 that around 10 o'clock in the morning I would be holding the balls of the President of the Royal Bank of Canada!"

Two things to make your day better:



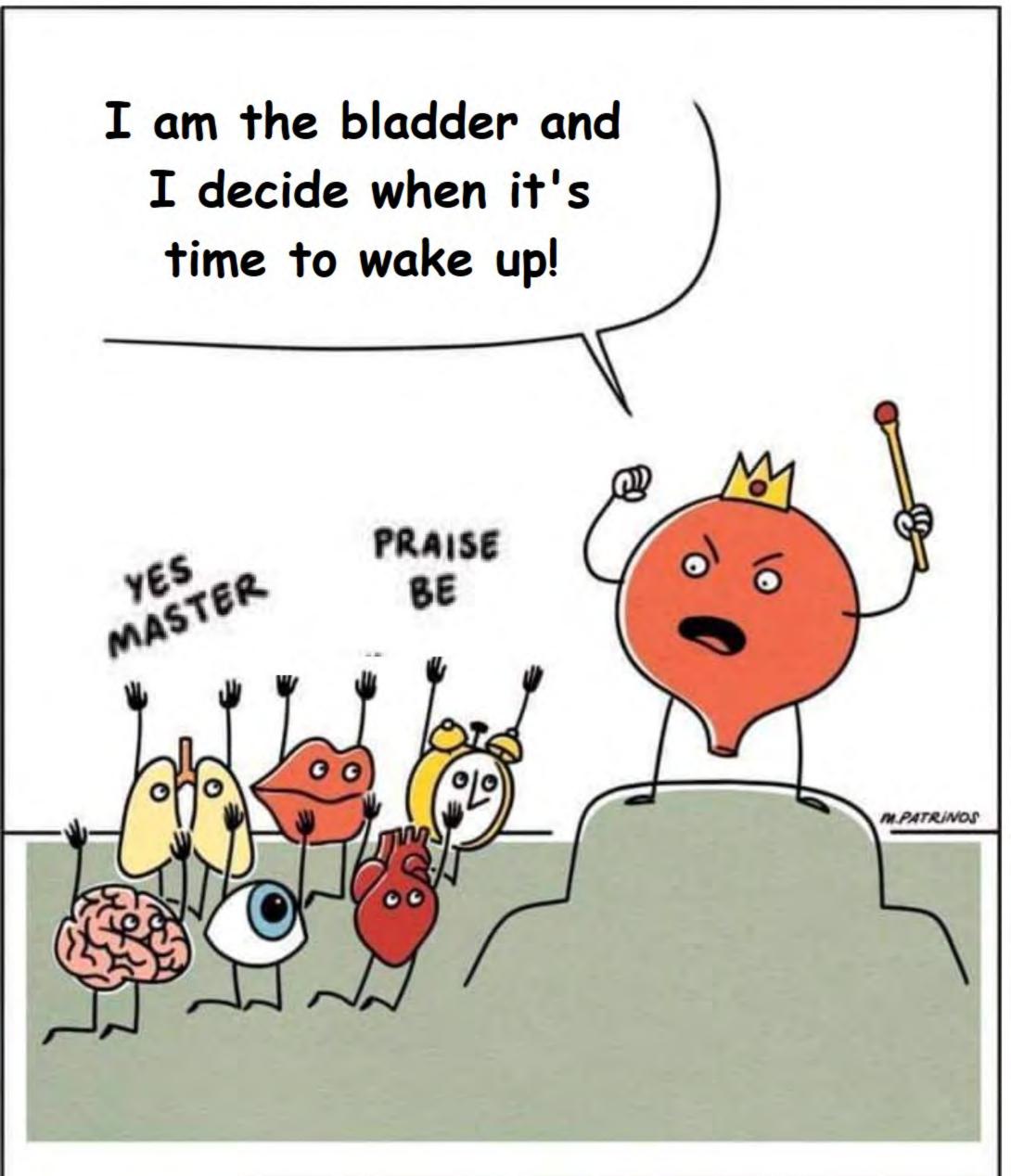
 Do not watch the news.

 Stay off the bathroom scales.



"I was thinking about how people seem to read the bible a lot more as they get older, and then it dawned on me—they're cramming for their final exam."

- George Carlin







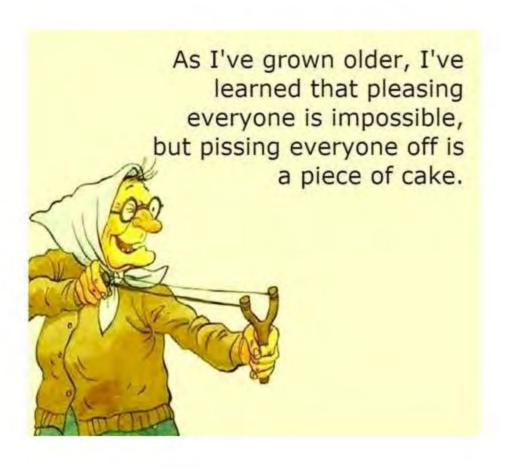
In the week before Labor Day, Eli, a dirt-poor country farmer won the Lottery - half a million dollars. So to celebrate, he treated his wife and their four kids to a trip to see the Labor Day parade in New York.

He booked them rooms in the Sheraton International at the corner of Park Circle and Central Park North. They'd never been to anywhere like New York before, in fact they'd never traveled further afield than their local town, so when they got there they were completely bowled over by all the alitz, glamor and excitement of the "Big Apple". Eli and his son Clem were particularly mesmerized by a shiny box with silver walls in the hotel reception. They'd never before come across doors that could move apart, and then automatically close again, as neither had seen an elevator before. So they were totally amazed when a little old lady entered the shiny box and the doors closed on her. The lights on the wall by the doors flashed for a minute or so. then the doors opened and out stepped a beautiful young woman.

Eli turned to Clem and said, "Son, go get your mother."



A ninety-year-old man is much loved by everyone at the nursing home, so on his 91st birthday, they arrange to surprise him at his celebration. They wheel in a huge birthday cake, and out pops a beautiful almost naked young woman who says, "Hi! I can give you some super sex!!" The old man thinks for a moment and says, "OK, I'll have the soup then."



CALORIES

are the little bastards that get together



closet is infested

with the little ----s!

CALORIES

are the little bastards that



your clothes tighter. My

with the little ----s!

infested

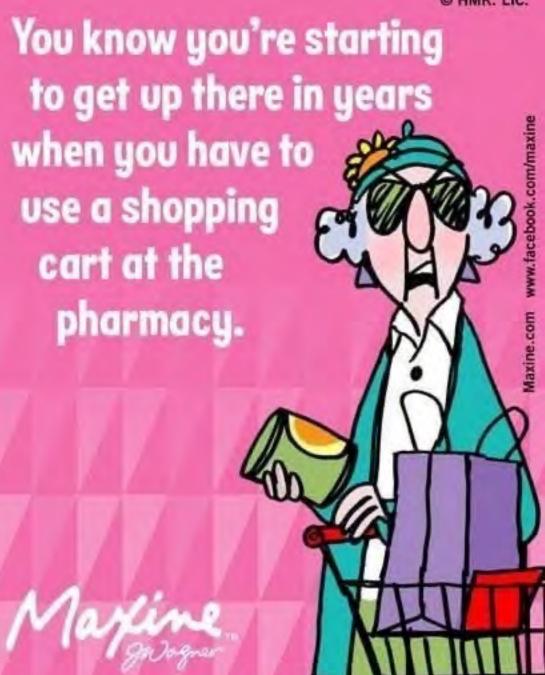


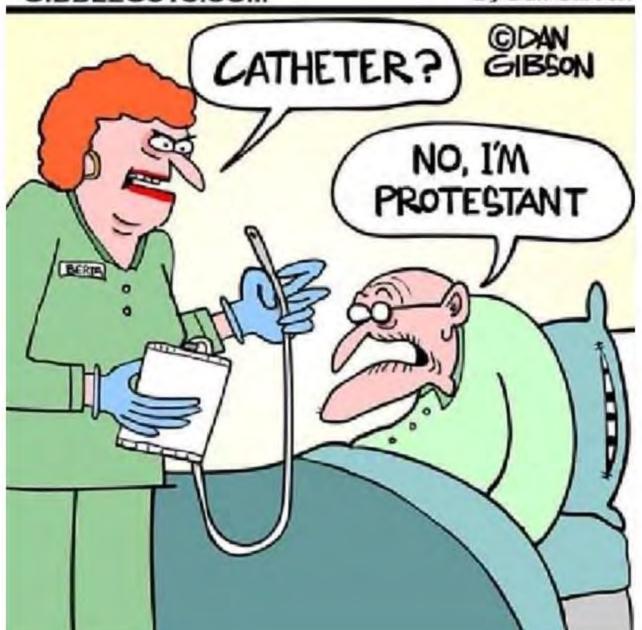
"One day you wake up and your grandpa cardigan isn't ironic anymore."

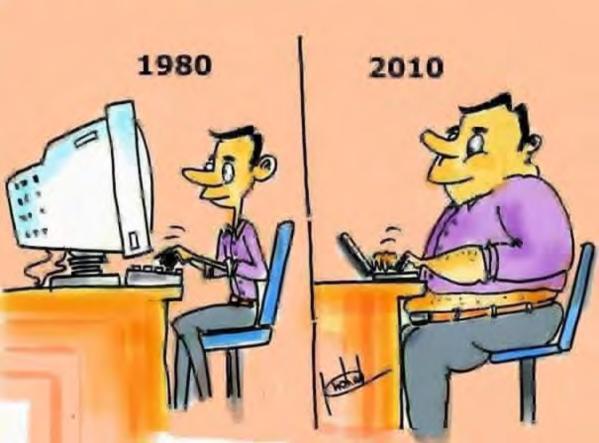


What happens when Old Car Guys get sent to a nursing home ...

CARP - Canadian Association of Retired People.	
Questions and Answers for seniors 70+ and those who will in time, also get there!	
Q: Where can single men over the age of 70 find younger women who are interested in them?	A: Try a bookstore, under Fiction.
Q: What can a man do while his wife is going through menopause?	A: Keep busy. If you're handy with tools, you can finish the basement. When you're done, you will have a place to live.
Q: How can you increase the heart rate of your over- 70 year-old husband?	
Q: How can you avoid that terrible curse of the elderly wrinkles?	A: Take off your glasses.
Q: Seriously! What can I do for these crow's feet and all those wrinkles on my face?	4' (-0 braless if will negally oull them out
Q: Why should 70 plus year old people use valet parking?	
Q: Is it common for 70 plus year olds to have problems with short term memory storage?	
Q: As people age, do they sleep more soundly?	A: Yes, but usually in the afternoon.
Q: What is the most common remark made by 70 plus year olds when they enter antique stores?	A: "Gosh, I remember these!"

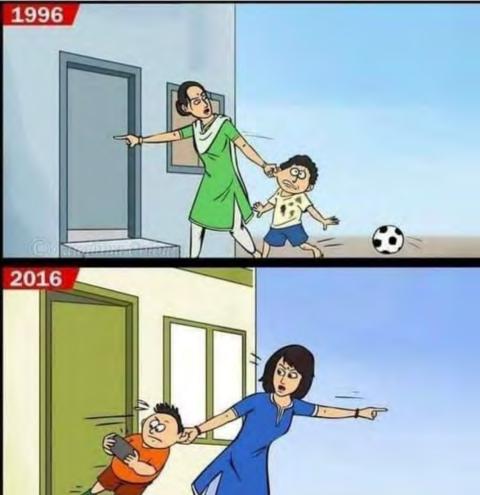


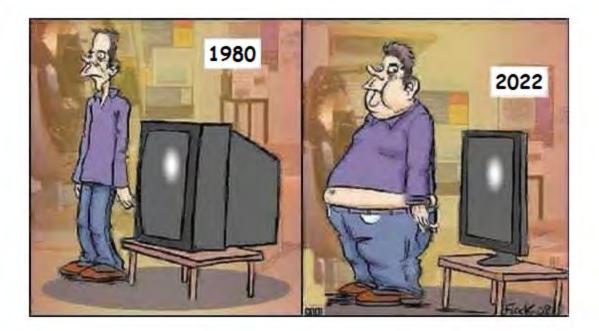
















HOW DID THE WORLD GO FROM THIS ...





TO THIS ???

Generation Gap! 😂







Kids today don't know how easy they have it. When I was young, I had to walk 9 feet through shag carpet to change the TV channel!

CHECK FOR ALZHEIMER'S - PRETTY AMAZING

The following was developed as a mental age assessment by the School of Psychiatry at Harvard University. Take your time and see if you can read each line aloud without a mistake.

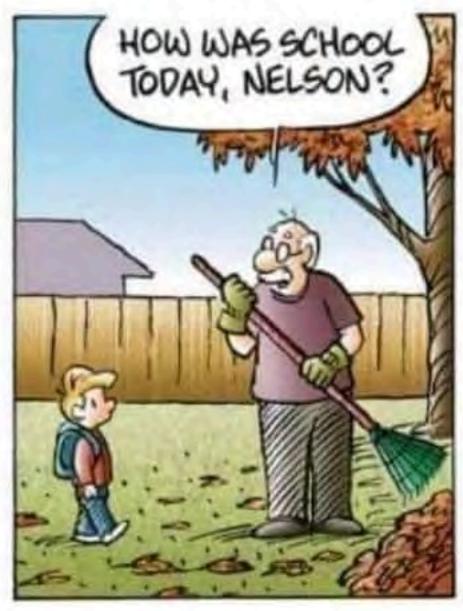
The average person over 60 years of age cannot do it!

- 1. This is this cat.
- 2. This is is cat.
- 3. This is how cat.
- 4. This is to cat.
- 5. This is keep cat.
- 6. This is an cat.
- 7. This is old cat.
- 8. This is fart cat.
- 9. This is busy cat.
- 10. This is for cat.
- 11. This is forty cat.
- 12. This is seconds cat.

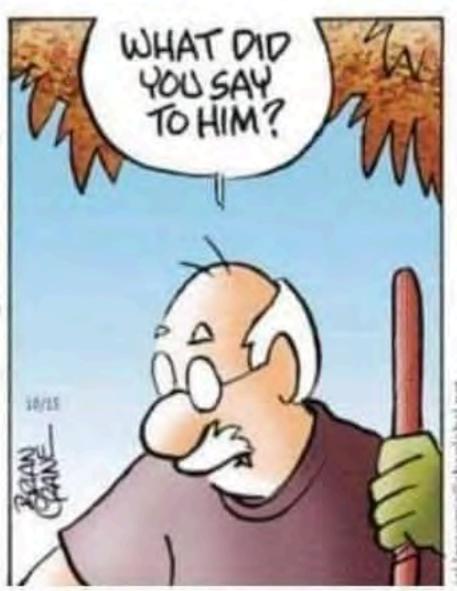
Now go back and read the third word in each line from the top down and I betcha you cannot resist passing it on........

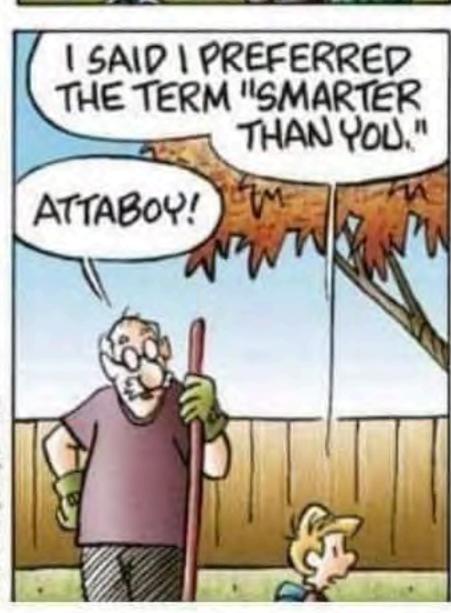






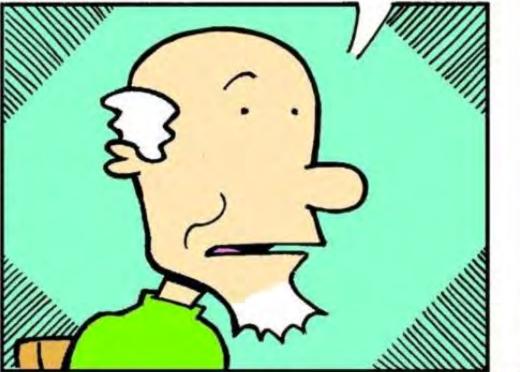




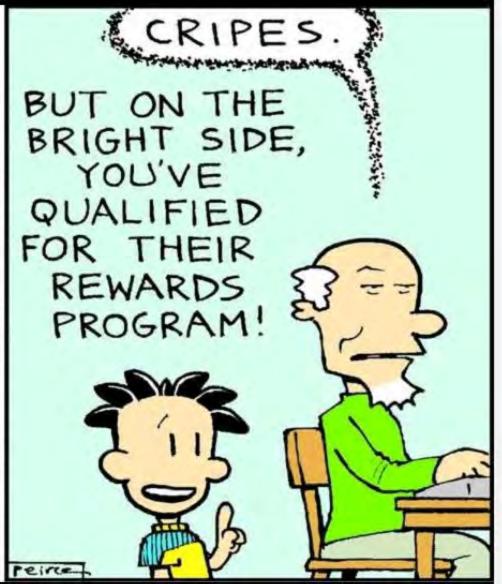




I KEEP CLICKING
HERE, AND IT KEEPS
SENDING ME BACK
TO THE SAME PAGE
I WAS ON BEFORE!









Without coffee, I'm always walking into rooms and forgetting why I went in there. With coffee, I still don't remember,

but at least I have something to sip while I try to figure it out.

- Nance Hoffman-



Comments Circa 1955

- I'll tell you one thing, if things keep going the way they are, it's going to be impossible to buy a week's groceries for \$10.
- Have you seen the new cars coming out next year? It won't be long before \$1,000 will only buy a used one.
- If cigarettes keep going up in price, I'm going to quit: 20¢ a pack is ridiculous.
- Did you hear the Post Office is thinking about charging 7¢ just to mail a letter?
- If they raise the minimum wage to \$1/hour, nobody will be able to hire outside help at the store.
- When I first started driving, who would have thought gas would someday cost 15¢ a gallon? Guess we'd be better off leaving the car in the garage.
- I'm afraid to send my kids to the movies any more. Ever since they let Clark Gable get by with saying DAMN in Gone With The Wind, it seems every new movie has either HELL or DAMN in it.
- I read the other day where some scientist thinks it's possible to put a man on the moon by the end of the century. They even have some fellows they call astronauts preparing for it down in Texas.

- Did you see where some baseball player just signed a contract for \$50,000 a year just to play ball? It wouldn't surprise me if someday they'll be making more than the President.
- I never thought I'd see the day all our kitchen appliances would be electric. They are even making electric typewriters now.
- It's too bad things are so tough nowadays. I see where a few married women are having to work to make ends meet. It won't be long before young couples are going to have to hire someone to watch their kids so they can both work.
- I'm afraid the Volkswagen car is going to open the door to a whole lot of foreign business.
- The drive-in restaurant is convenient in nice weather, but I seriously doubt they will ever catch on.
- There is no sense going on short trips anymore for a weekend. It costs nearly \$2 a night to stay in a hotel.
- No one can afford to be sick anymore. At \$15 a day in the hospital, it's too rich for my blood.
- If they think I'll pay 30¢ for a haircut, forget it.

(380)



CONFESSION

A 93-year=old man enters a Catholic church and goes into the confessional.

"Father," he says in a thick Yiddish accent, "I have sinned."

"Yes, my son?" says the slightly puzzled priest.

"Got in himl," I just made love with two twenty-year-old women at the same time."

"Excuse me, but are you Catholic?" asks the bewildered priest.

"No, I'm a yiddisher kop!"2

"Well then, why are you telling me?"

"Makhst a vertl?" I'm telling everybody I can find!!"

(38)

¹ G-d in heaven

² Jewish man

³ Are you kidding?



Picard. Spock.

Gandalf.

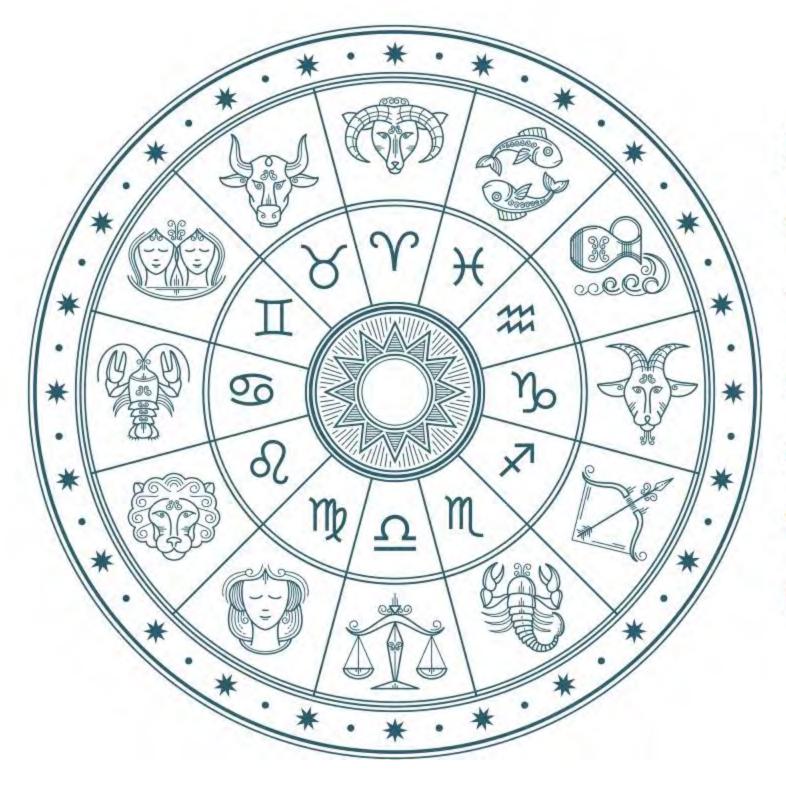
Photo: Twitter -- Leonard Nemoy

GrowingBolder.com

Told my wife I wanted to be cremated. She made me an appointment for Tuesday.

I ASKED MY GRANDPA, "AFTER 65 YEARS, YOU STILL CALL GRANDMA DARLING, BEAUTIFUL, AND HONEY. WHAT'S THE SECRET?" HE SAID, "I FORGOT HER NAME 5 YEARS AGO AND I'M SCARED TO ASK HER."





People who ask me what I'll be doing tomorrow probably assume that I actually know what day of the week we're in.

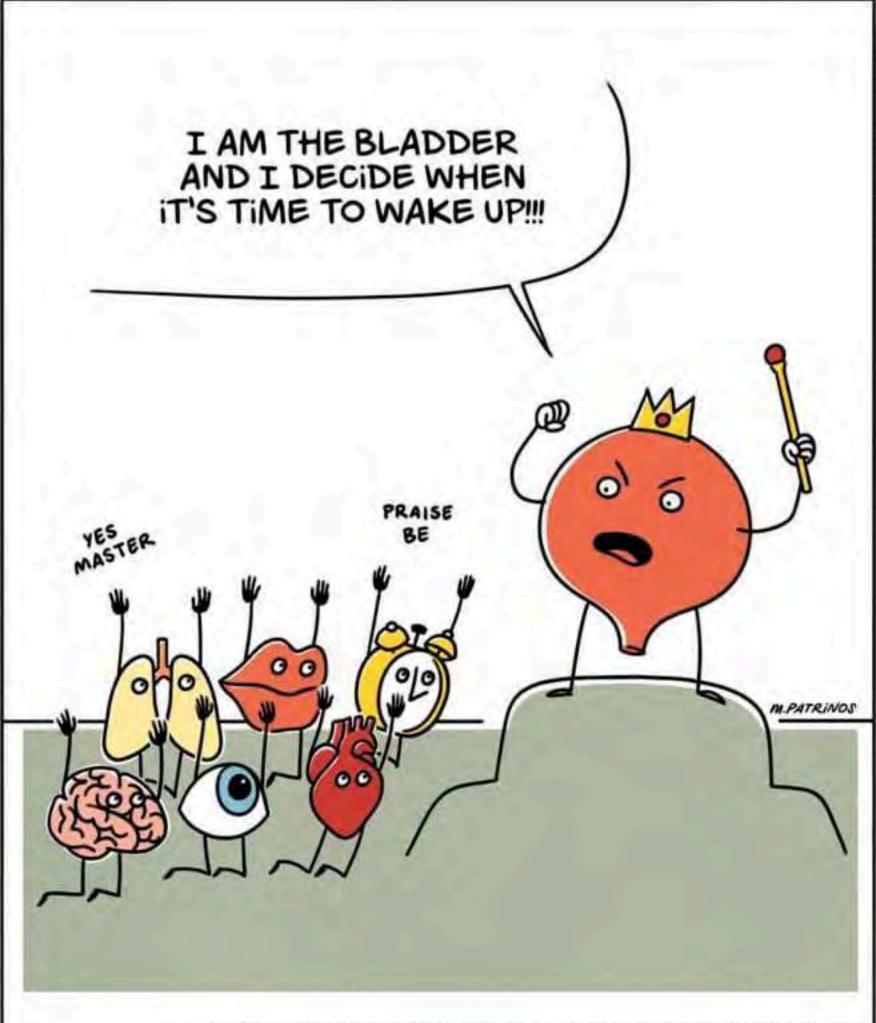


An old man was worried that his wife might be going deaf, so he came up behind her quietly and asked, "Can you hear me, darling?" No answer.

He got closer and asked again. Still no answer.

Finally he spoke right into her ear and said, "Can you hear me now honey?"

His wife said, "For the third time, YES!"



The Evolution of Decline (ing)

TEENS

UH... WELL... I... UH... I... UM... I GUESS SO... OKAY



TWENTIES-PLUS

SORRY, BUT I HAVE (PREVIOUSLY COMPILED LIST OF PLAUSIBLE EXCUSES) THAT DAY



THIRTIES-PLUS

LOVE TO, BUT I ALREADY HAVE PLANS



FIFTIES-PLUS





I'm at that delusional age where I think that everyone my age looks way older than I do.



REST YOUR MIND

Have you wondered why baby diapers have brand-names such as "Luvs,"
"Huggies," and "Pampers" whereas underwear pads for elders are called "Depends?"

Well, when babies crap in their pants, people still luv'em, hug'em and pamper'em. But when old people crap in their pants, it depends on who's in the will.



Don't irritate us old people. The older we get, the less the threat of "Life in prison" is a deterrent.



My body is experiencing technical difficulties right now.



The distance it takes for me to forget a number between 1 and 10





I came, I forgot what I was doing, retraced my steps, got distracted on the way back, have no idea what I'm supposed to be doing and now I have to pee.

A RETIREE'S LAST TRIP TO COSTCO

Yesterday I was at Costco, buying a large bag of *Purina Dog Chow* for my loyal pet Owen, the Wonder Dog and was in the check-out line when a woman behind me asked if I had a dog.

What did she think I had, an elephant?

So, because I'm retired and have little to do, on impulse, I told her that no, I didn't have a dog, I was starting the *Purina Diet* again. I added that I probably shouldn't, because I ended up in the hospital last time, but that I'd lost 50 pounds before I awakened in an intensive care ward with tubes coming out of most of my orifices and IVs in both arms.

I told her that It was essentially a perfect diet and that the way that it works is to load your pants pockets with *Purina Nuggets* and simply eat one or two every time you feel hungry. The food is nutritionally complete (certified), so it works well and I was going to try it again. (I have to mention here that practically everyone in line was now enthralled with my story.)

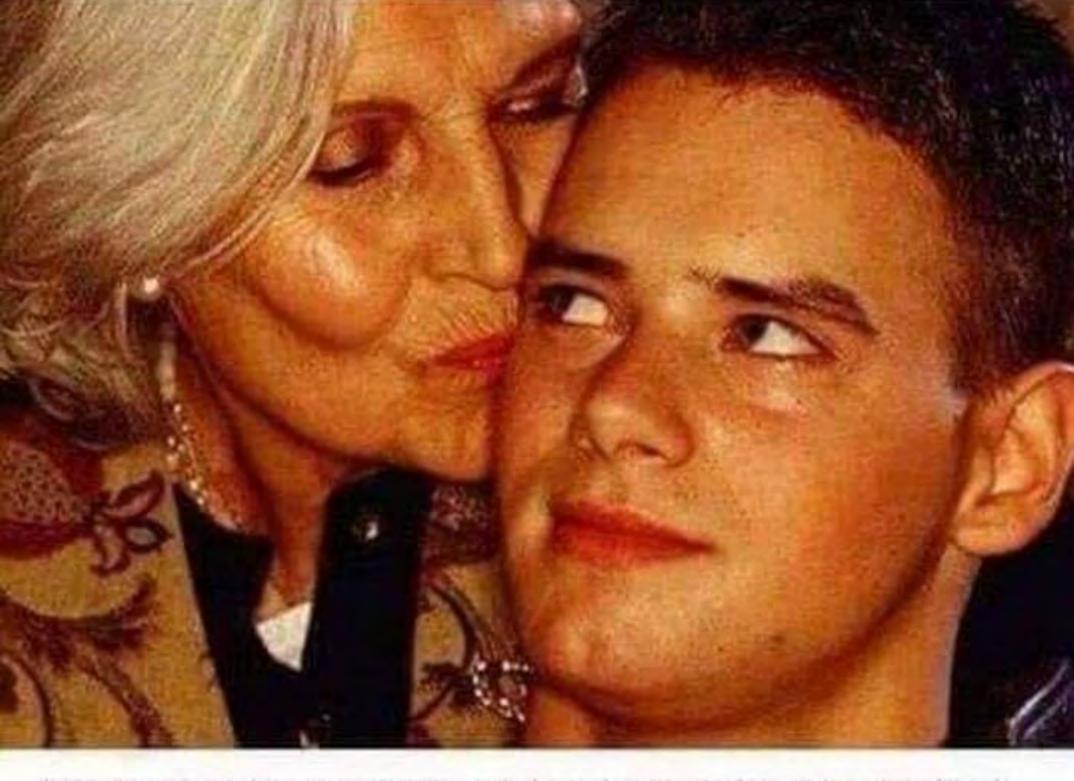
Horrified, she asked if I ended up in intensive care because the dog food poisoned me. I told her no, I had stopped to pee on a fire hydrant and a car hit me.

Well, I thought the guy behind her was going to have a heart attack, he was laughing so hard.

Costco won't let me shop there anymore. Better watch what you ask retired people. They have all the time in the world to think of crazy things to say.

IT'S NOT MY **FAULT I HAVE** A DOUBLE CHIN. WHEN GOD WAS GIVING OUT CHINS I THOUGHT HE SAID GIN SO I SAID I'LL HAVE A DOUBLE.



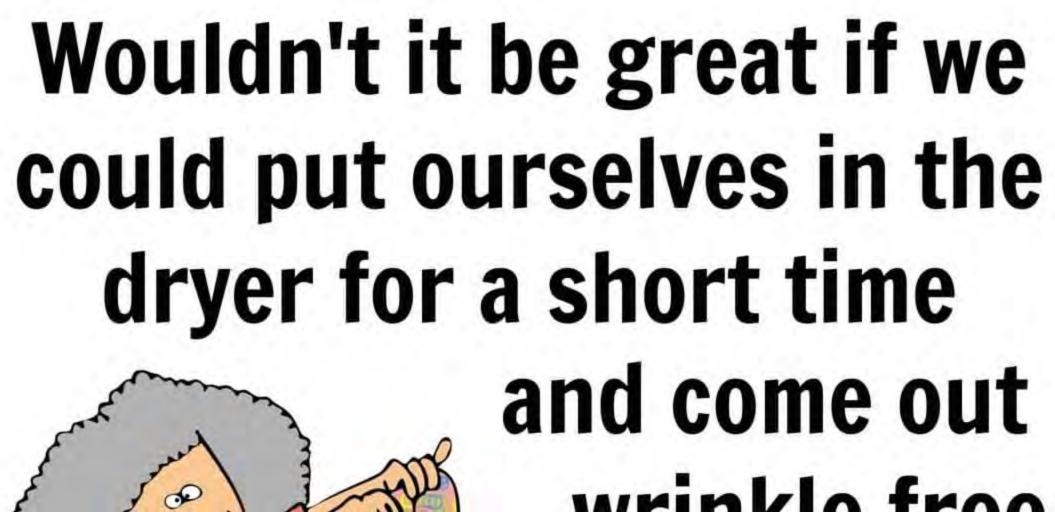


I met an older woman at a bar last night. She looked pretty good for a 60-year-old. In fact, she wasn't too bad at all, and I found myself thinking she probably had a really hot daughter. We drank a couple of beers, and she asked if I'd ever had a Sportsman's Double? 'What's that? I asked. 'It's a mother and daughter threesome,' she said. As my mind began to embrace the idea, and I wondered what her daughter might look like, I said, 'No, I haven't.' We drank a bit more, then she said with a wink, 'tonight's your lucky night'. We went back to her place. We walked in. She put on the hall light and shouted upstairs: 'Mom...you still awake?'





May you live so long that your driving terrifies everyone -- and your license gets suspended to protect everyone else!





OF OLD AGE..



The older I get



the earlier it gets late.



I never thought
I'd be the type
of person who
would get up
early in the
morning to
exercise.

I was right.

As I've got older, I thought I was starting to get lazy, but it turns out I am just being more energy efficient.





I really think that tossing and turning at night should be considered as exercise.



"Would you like to hear tonight's specials, or have you already closed yourselves to new experiences?"



At my age, it's really rough trying to figure out how to use my iPhone, because all my grandchildren are asleep after 20:00 since they are younger than five years old.

Unfortunately, they are my primary technical-support experts.



"Yes, I'm positive the eggs have gone beyond their expiration date."





A VISIT FROM THE JOWL FAIRY

My wife says I have only two faults: I don't listen, and... uh... something else.





Why is it the one who snores the loudest is always the first to fall asleep?

Life as I see It Feel It Live it Welcome to it.



Why is it the one who snores the loudest is always the first to fall asleep?

Life as I see It Feel It Live it Welcome to it.



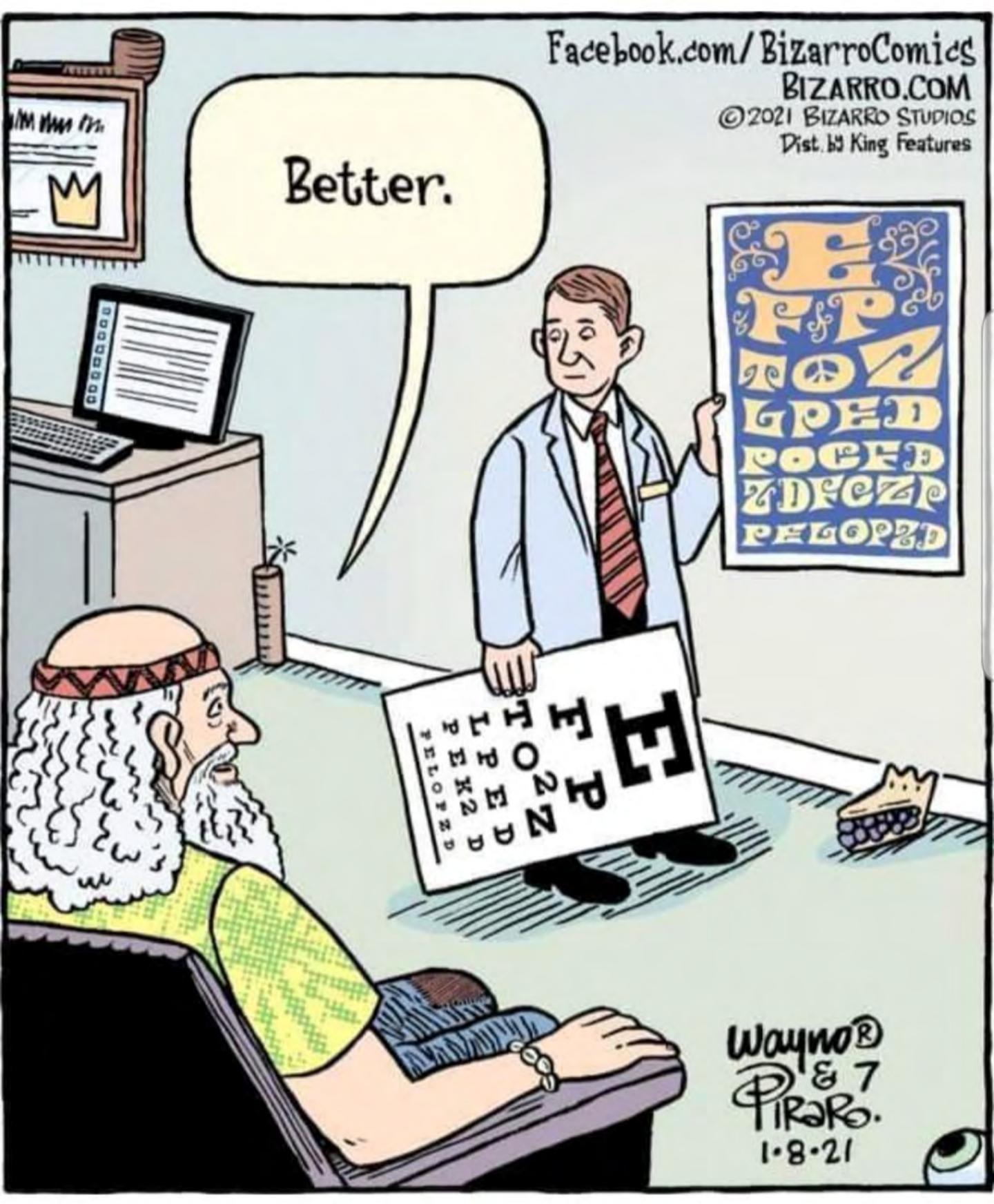


"When your friends begin to flatter you on how young you look, it's a sure sign you're getting old."

- Mark Twain

Halloween in Florida









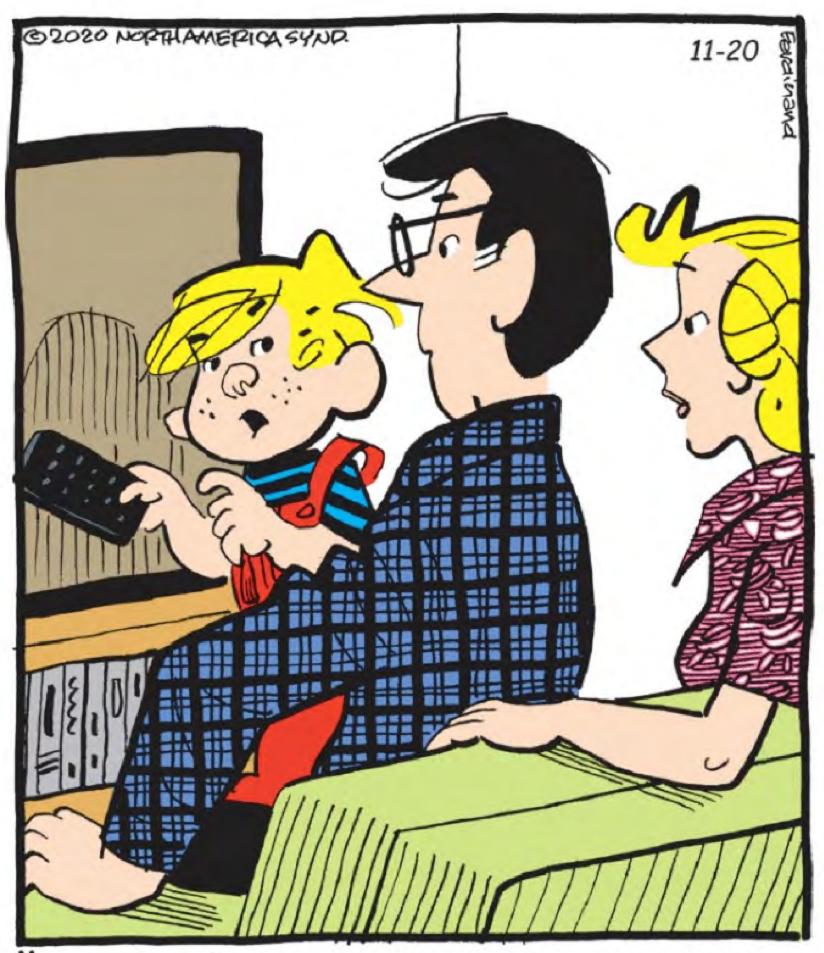
der Gran WANK YOU

I'm not sure what is more frightening, the car accident, grandma still in the car, or Grandpa's pants...

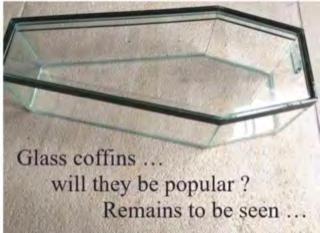




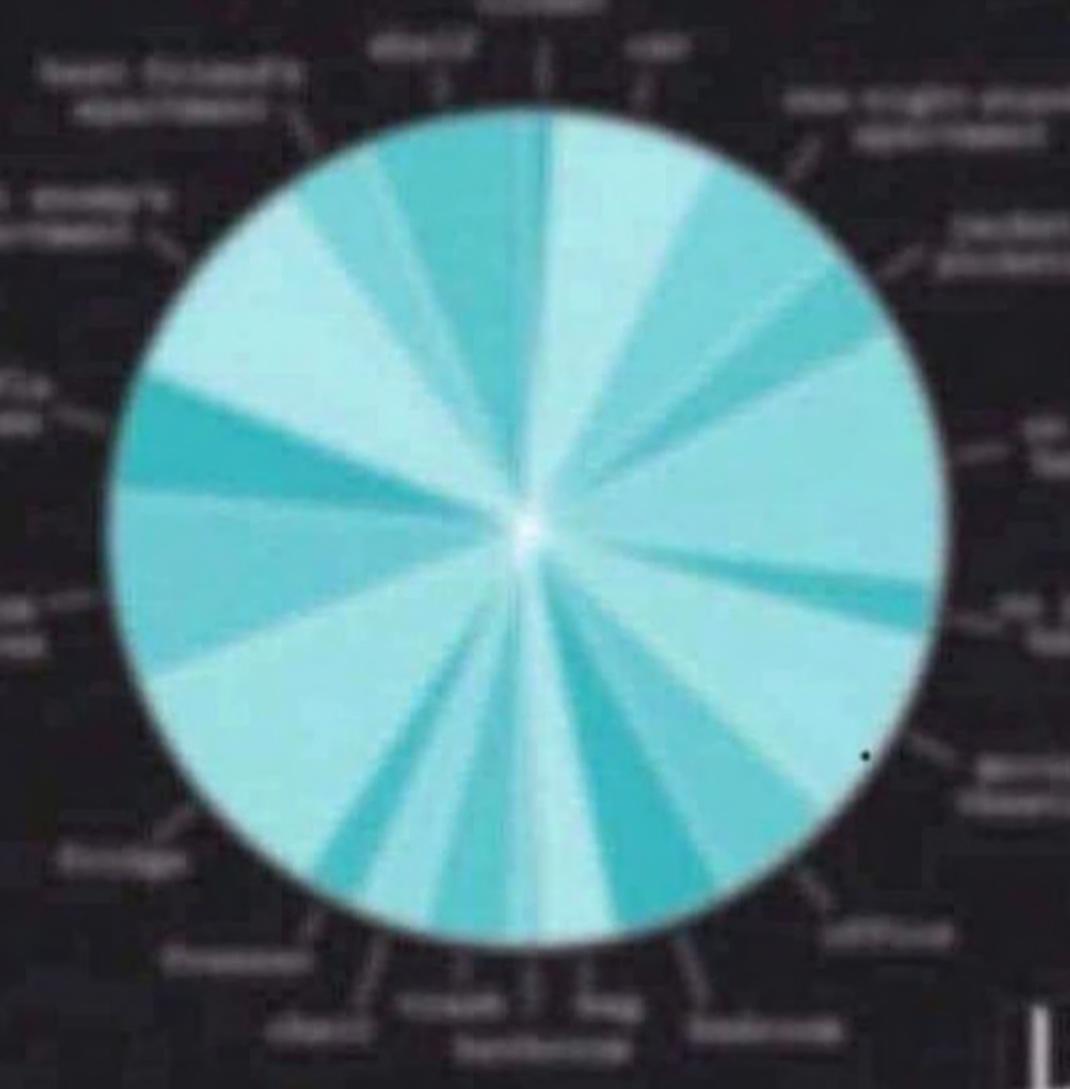


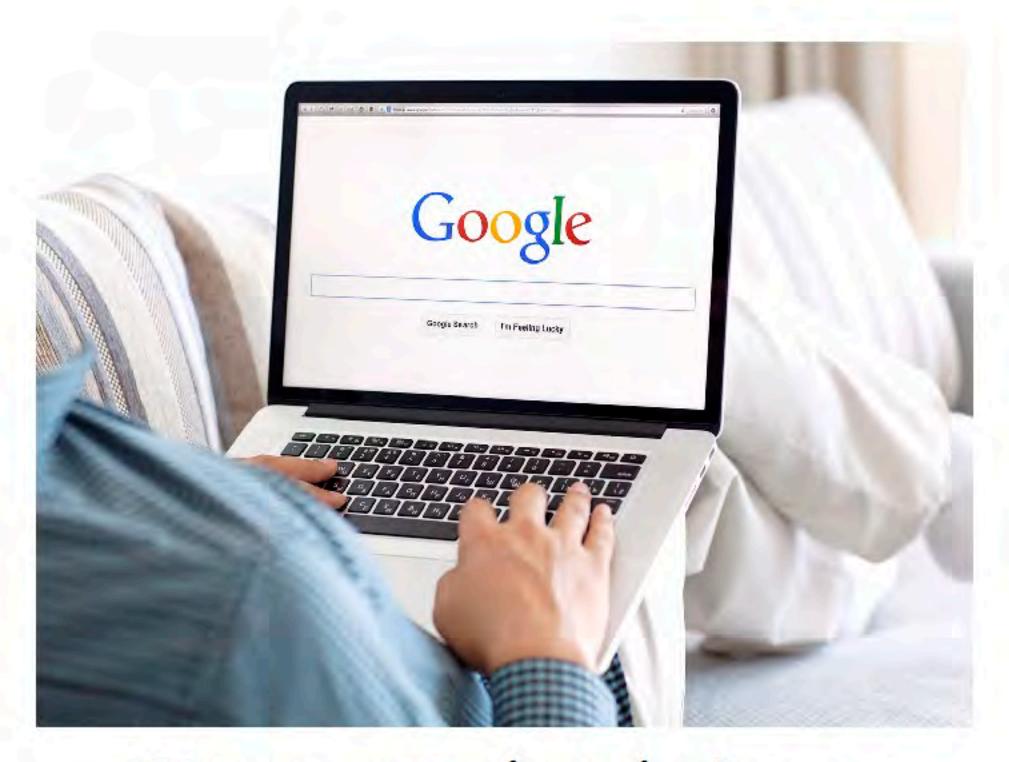


"AND THAT'S HOW YOU SET UP THE PARENTAL CONTROL SYSTEM ... ANY MORE QUESTIONS?"



PLACES WHERE I HAVE LOST MY GLASSES:





Turns out that being a "senior" is mostly just googling for for how to do stuff.



THE GRANDMOTHERS CONFER

Norma and Sonia were talking about their grandchildren.

Norma said, "Each year I send the grandchildren a card with a generous check inside. I always received a lovely 'thank you' note. However, since my daughter-in-law



stopped making the grandkids send those thank-you notes, I never hear from them at all!"

Sonia said, "My daughter-in-law never made the grandchildren send 'thank you' notes. I, too, send them a very generous check. However, for the past several years, I hear from them within a week after they receive it. In fact, they each pay me a personal visit."

"Wow," remarked Norma. "I wish mine would do that."

"You can arrange that, Norma, you can."

"How?" Norma asked.

"Simple. Do what I do. Don't sign the check."





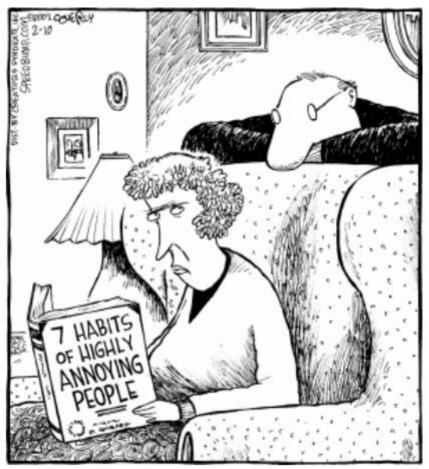
Three older mothers are sitting chatting about how much their sons love them.

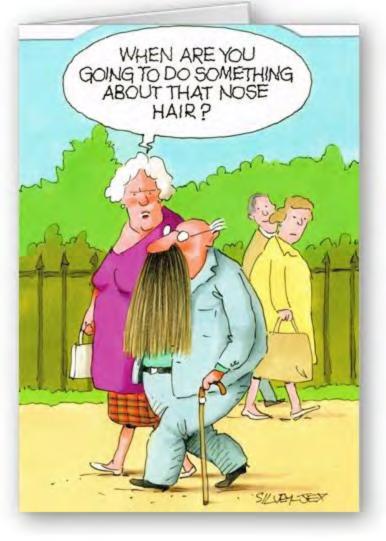
Sadie says, "You know that new Cadillac I got for Mother's Day? That's from Bennie – what a doll!"

Gertie says, "Hah! You call that love? Remember the Manet painting hanging in my living room? Irving bought that for me for my seventy-fifth birthday and it cost over a million dollars! What a good boy he is."

Golda, in turn, sneers, "That's nothing. Stanley has been in analysis with a psychotherapist for the past three years – with three sessions a week. And what does he talk about all the time? Me!"









"This is my grandpa. He's going to explain why this country is going to hell in a handbasket."





The old gent is chatting with friends and is very pleased with his new hearing aid.

"Yes," he says, "I can hear everything now! And best of all, ever since I got them, Marge has stopped mumbling!"

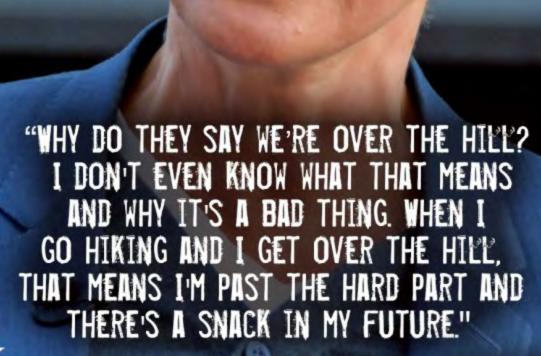


"Mrs Larson, you are NOT going deaf in your left ear! We found a suppository stuck in there!"

"Well, now I know what happened to my left hearing aid...."

- Prairie Home Companion





GrowingBolder.com

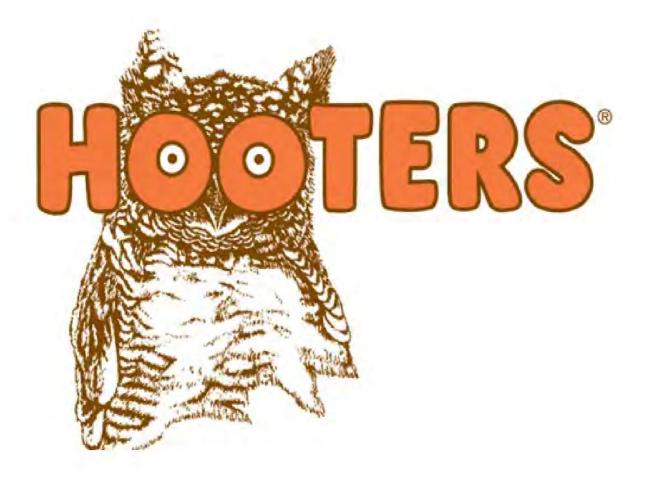
Ellen DeGeneres







"Sure, I'd love a second honeymoon...
with whom?"



Two guys grow up together, but after college one moves to New York and the other to Washington. They agree to meet every ten years in Florida to play golf and catch up with each other.

At age 32 they meet, finish their round of golf and head for lunch.

"Where you wanna go?"

"Hooters."

"Why Hooters?"

"They have those servers with the nice tops, the tight shorts and the gorgeous legs."

"You're on."

At age 42, they meet and play golf again

"Where you wanna go for lunch?"

"Hooters."

"Again? Why?"

"They have cold beer, big screen TVs, and side action on the games." "OK."

At age 52 they meet and play again. "So where you wanna go for lunch?" "Hooters."

"Why?"

"The food is pretty good and there's plenty of parking." "OK."

At age 62 they meet again. After a round of golf, one says, "Where you wanna go?"

"Hooters."

"Why?"

"Wings are half price and the food isn't too spicy."

"Good choice"

At age 72 they meet again. Once again, after a round of golf, one says, "Where shall we go for heach?"

"Where shall we go for lunch?"

"Hooters."

"Why?"

"They have six handicapped parking spaces right by the door and they have senior discounts."

"Great choice."

At age 82 they meet and play again.

"Where should we go for lunch?"

"Hooters."

"Why?"

"Because we've never been there before."

"Okay, let's give it a try."



YOU KNOW YOU'RE GHOGOLO REGINER AFATAG PADISTORA OFAROTE



My grandpa texted me a few minutes ago:

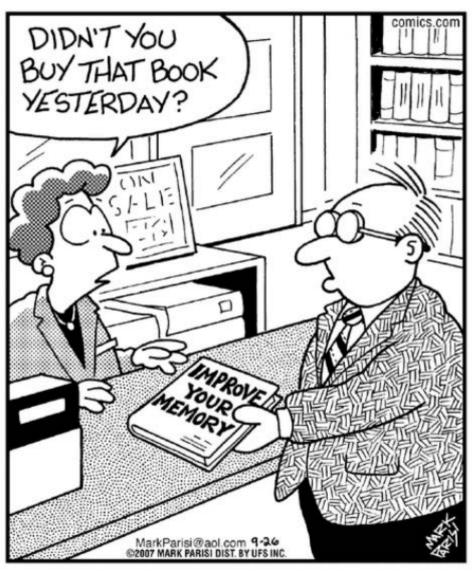
>What does IDK mean?

I answered,

>I don't know.

He texted back,

>Damn! Nobody knows!!





ONE WAY TO FIND OUT IF YOU ARE OLD IS TO FALL DOWN IN FRONT OF A LOT OF PEOPLE. IF THEY LAUGH, YOU'RE STILL YOUNG. IF THEY PANIC AND START RUNNING TO YOU, YOU'RE OLD.



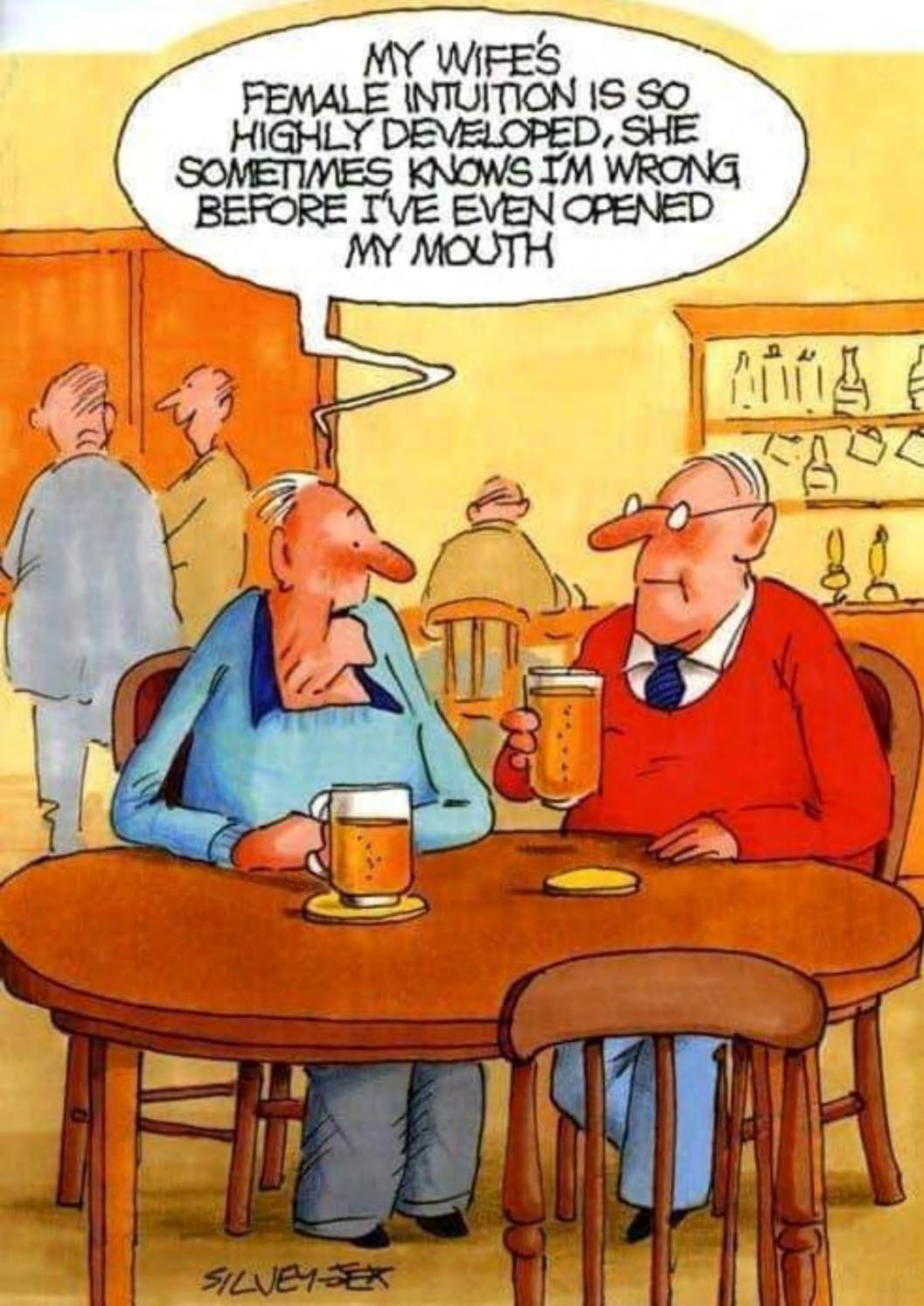


They finally arrived!

I ordered a new pair of memory-foam insoles!

No more forgetting why I walked into the kitchen!









Too many people these days are judgemental.

I can tell just by looking at them.



I left the store and headed for the parking lot. My keys were not in my pockets and they weren't in my purse. I realized I must have left them in the car! My husband had warned me about leaving the keys in the car's ignition. He said the car could be stolen.

Sure anough, as I looked frantically around the parking lot, I realized I couldn't see my car!

I immediately called the police, gave them the location, and confessed that I had left the keys in the car and that it was stolen!

Then, with great embarrassment, I called my husband and told him, "Darling, I left the keys in the car again and now it's been stolen!"

There was a moment of silence. He said quietly, "No dear, I dropped you off at the store an hour ago and I was coming to get you as we had arranged."

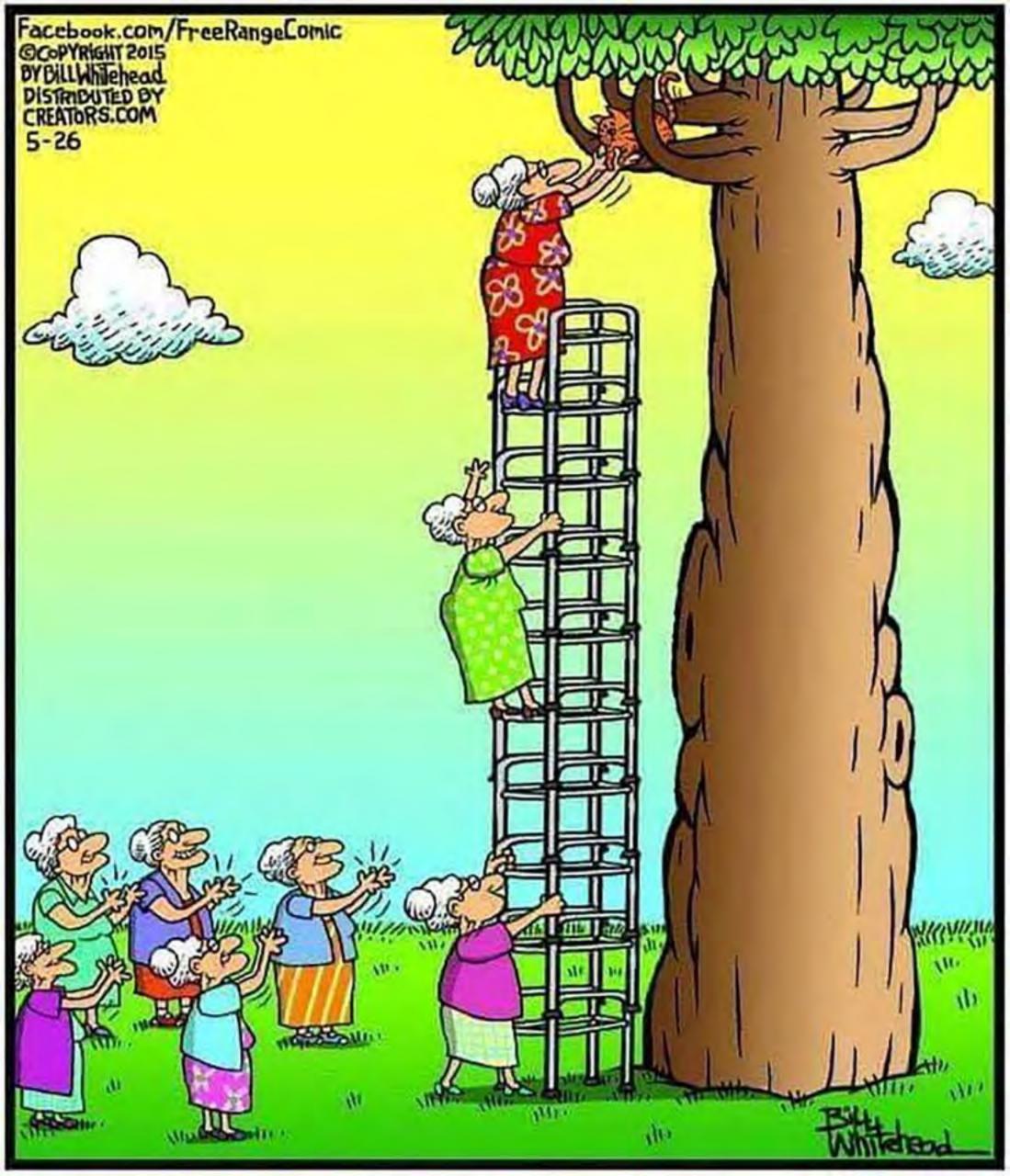
Now it was my turn to be silent. I said, "Um, well it that case, I'll wait at the store entrance for you."

He said, "Yes dear, I'll get there as soon as I convince the policeman who has stopped me three blocks away from you with his siren on and his flashing blue and red lights that I haven't stolen our car."



"Do you think we'll ever regret having two plants and a bowl of pebbles instead of kids?"

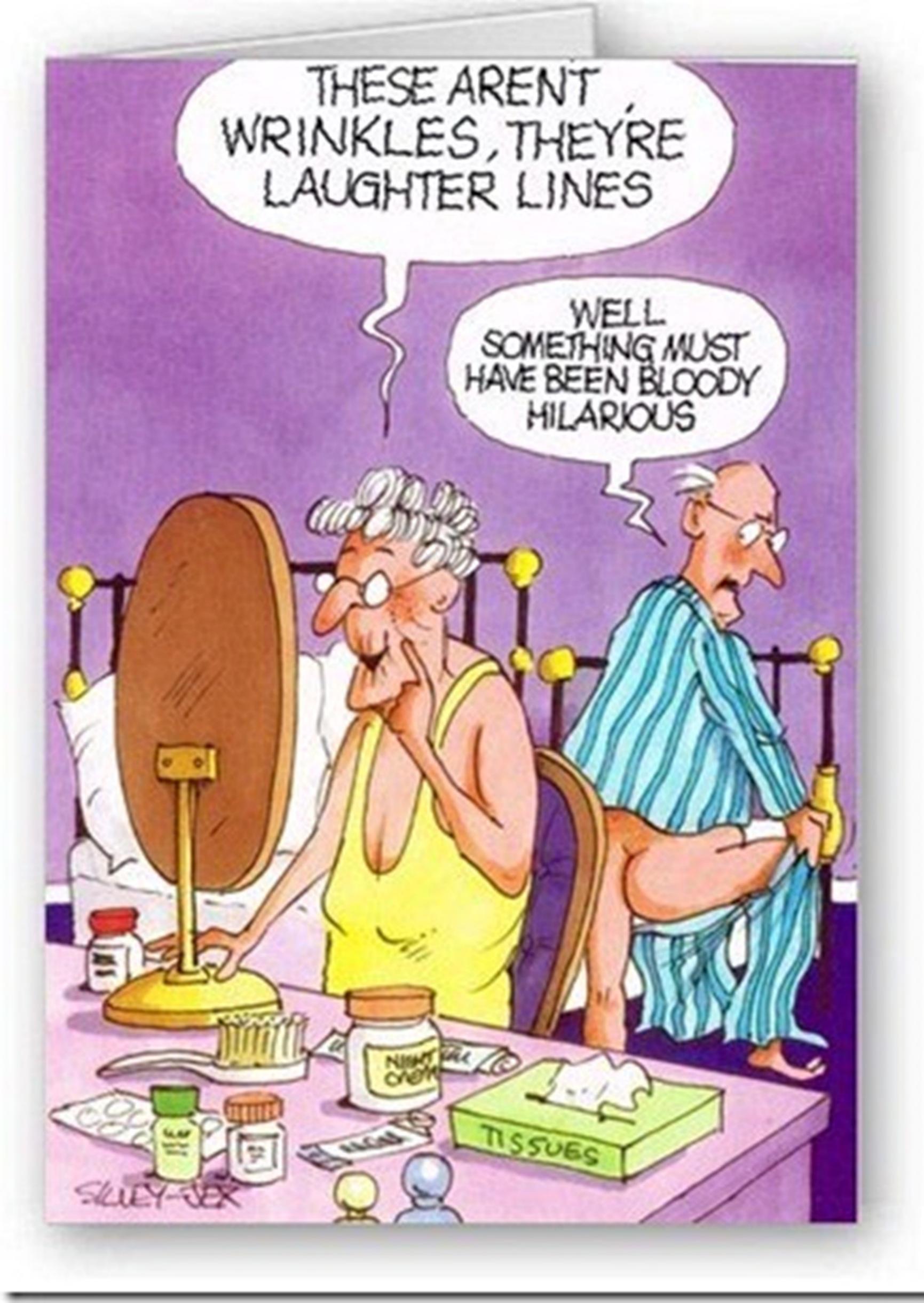
Just once I would like to read a medication label that says: WARNING' May cause permanent weight loss, remove wrinkles and increase energy.



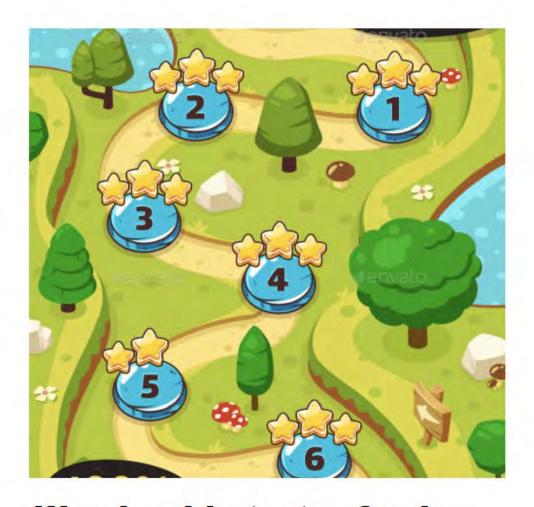


When I die I want my last words to be, "I left a million dollars under the......"





Grandma



We should start referring to ages as "levels" so that when we're "Level 80" it sounds much more impressive to our grandkids than just being old.

Don't let people make you feel bad or guilty for living your life.

It is your life. Live it the way you want.







I just ordered a new "Life-Alert™" bracelet and so if I get a life,
I'll be notified immediately.



"Gladys, it's a miracle! Every night when I get up and go to the bathroom, G-d turns on the light for me and when I'm finished, the Lord turns the light off!"

"Irving: you're doing it in the refrigerator again!"





A State Trooper is on the side of the interstate highway near Byhalia, Mississippi waiting to catch speeding drivers when to his horror, he sees a car puttering along at 22 mph. He pulls the driver over and sees five elderly ladies, all of whom are wide-eyed and looking terrified.

The driver says to him in confusion, "Officer, I don't understand. I always drive exactly at the speed limit? What's the problem??"

"Ma'am," says the officer, "you weren't speeding, but you are way below the minimum speed and that is also very dangerous."

"Slower than the speed limit?? No sir, I was doing the speed limit exactly: 22 mph!" replies the old woman proudly.

The officer replies that she is on Highway I-22 and that the speed limit is 65 with a minimum of 45. The driver is embarrassed and thanks him for the explanation.

"Before I let you go, ma'am, I have to ask: is everyone in the car OK? These ladies seem awfully shaken and they haven't uttered a peep this whole time."

"Oh, they'll be OK in a minute. We just got off Route 119."



Lovemaking Tips for Seniors

- Wear your glasses to make sure your partner is actually in the bod.
- Set timer for 3 minutes, in case you doze off in the middle.
- 3. Set the mood with lighting. (Turn them ALL OFF!)
- 4. Make sure you put 911 on your speed dial before you begin.
- 5. Write partner's name on your hand in case you can't remember.
- 6. Use extra polygrip so your teeth don't end up under the hed.
- 7. Have Tylenel ready in case you actually complete the
- 8. Make all the noise you want....the neighbors are deaf, too.
- 9. If it works, call everyone you know with the good news!
- 10. Den't even think about trying it twice.



"At my age 'getting lucky' means walking into a room and remembering what I came in for."

- Unknown

Mature-Age Texting Todes

ATD - at the doctor.

BFF - best friend fell.

BTW - bring the wheelchair.

BYOT-bring your own teeth

FWIW - forgot where I was.

GGPBL - gotta go, pacemaker battery low.

GHA - got heartburn again.

IMHAO - is my hearing aid on?

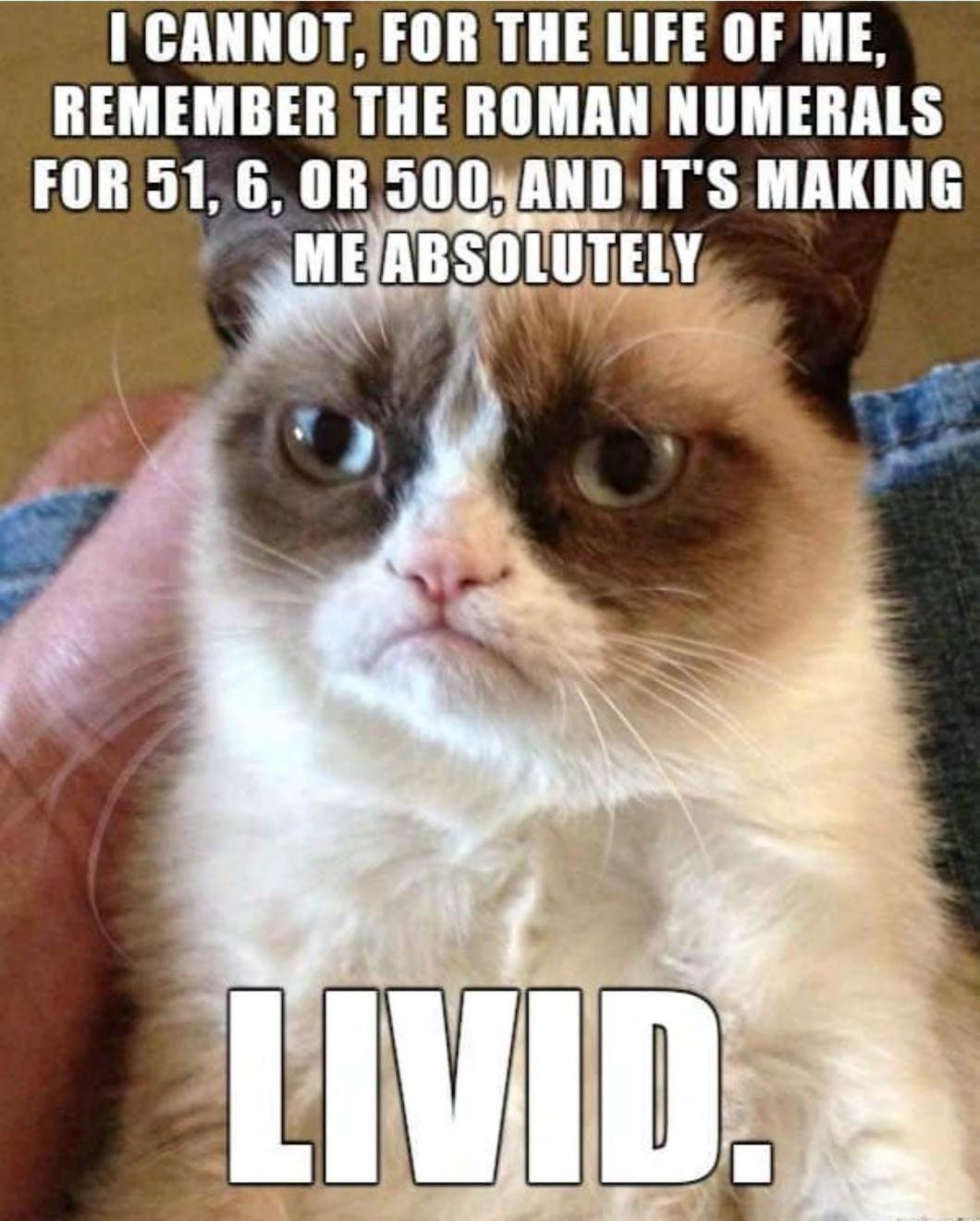
LMDO - laughing my dentures out.

OMMR - on my massage recliner.

ROFLACGU - rolling on floor laughing and can't get up.

TTML - talk to me louder!



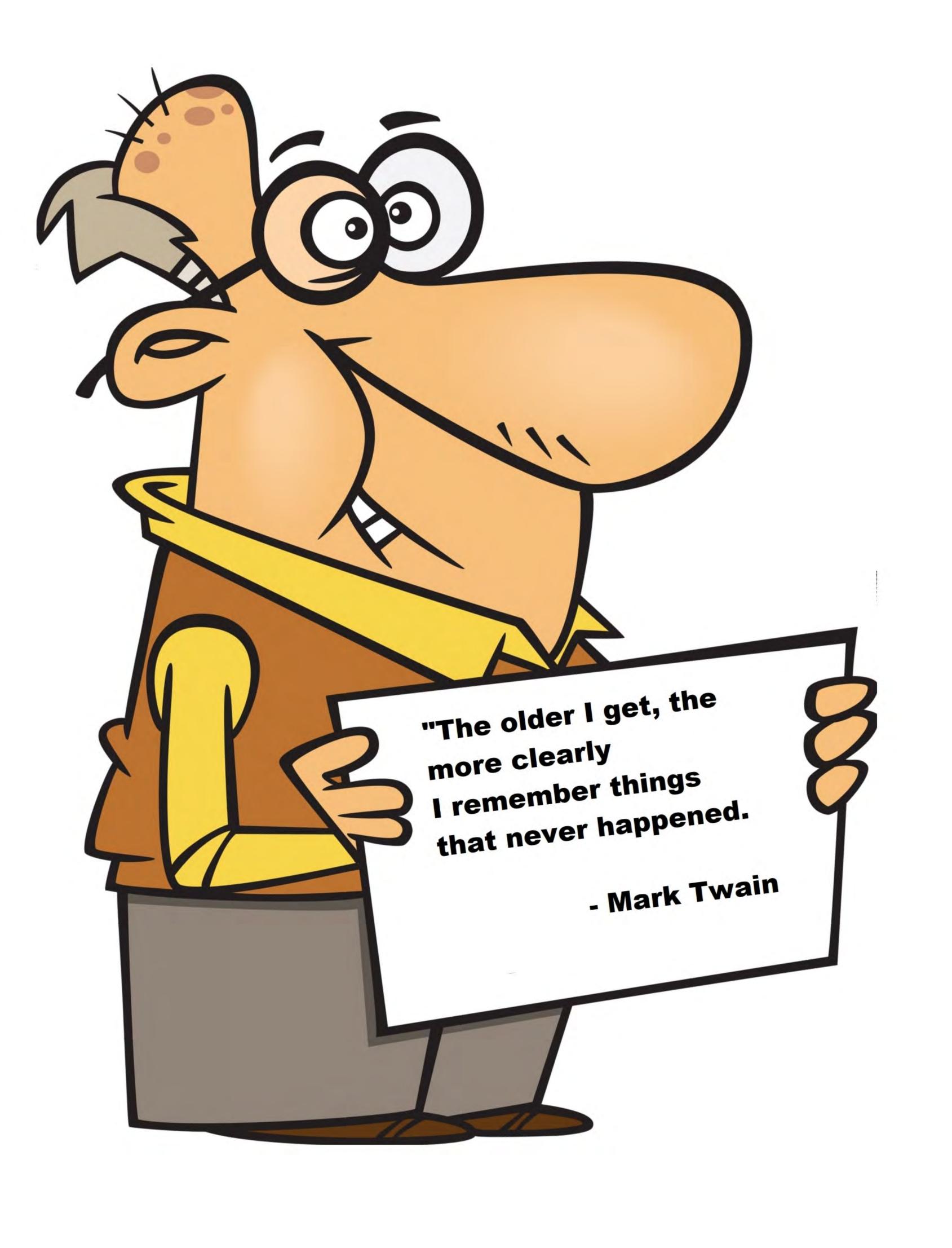




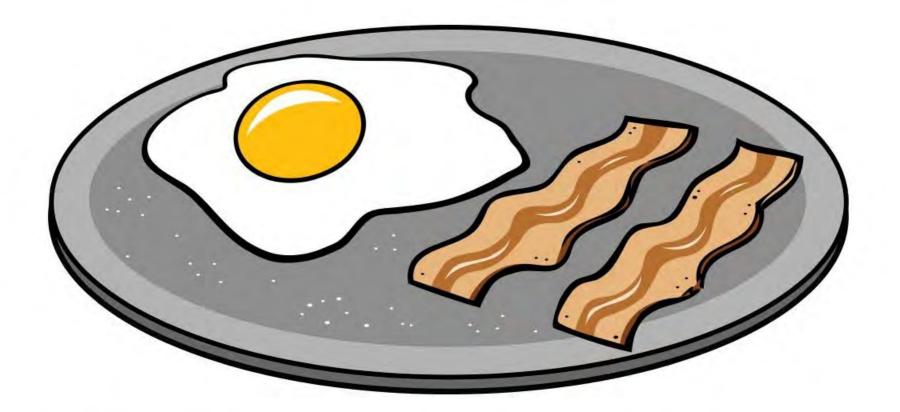
I came. I saw. I forgot what I was doing.

Retraced my steps. Got lost on the way back.

Now I have no idea what's going on.







A couple in their 80s are both having problems remembering things, so they ask a doctor for suggestions. The doctor says maybe they'd find it helpful to write things down.

That evening, they're watching TV together when the old fellah gets up; his wife asks where he's going. "The kitchen." She asks him to bring her some ice cream. "Sure," he says.

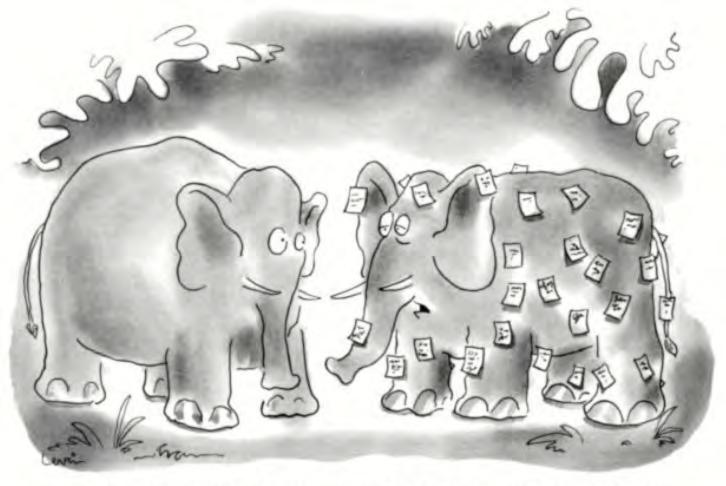
She then asks, "Don't you think you should write it down?" "No," he says, "I can remember that."

"Well I would also like some strawberries and whipped cream on top. I really think you should write that down!"

"No," he says with some irritation, "I'll remember that: ice cream with strawberries and whipped cream on top!"

He stomps off and returns 20 minutes later with a plate of bacon and eggs.

The wife stares at the plate for a moment and then says, "You forgot my toast."

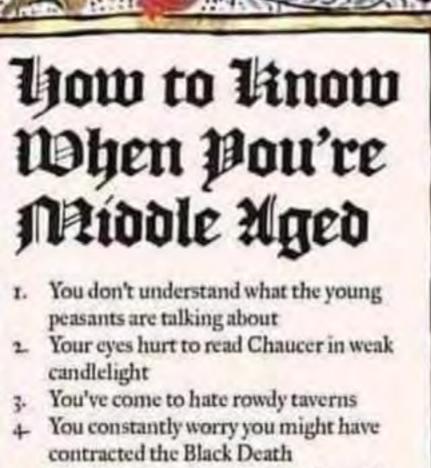


"As I get older, I find I rely more and more on these sticky notes to remind me."



Middle age is having a choice of two temptations and choosing the one that will get you home earlier.

-Prairie Home Companion



You don't know [or care] who Blondel is sleeping with

The Crusaders look younger every year

 You struggle with new technologies, such as the heavy plough and the longbow

8. You find Gothic architecture too modern

9. You keep forgetting who the King is

10. You dream of buying a second hovel in France



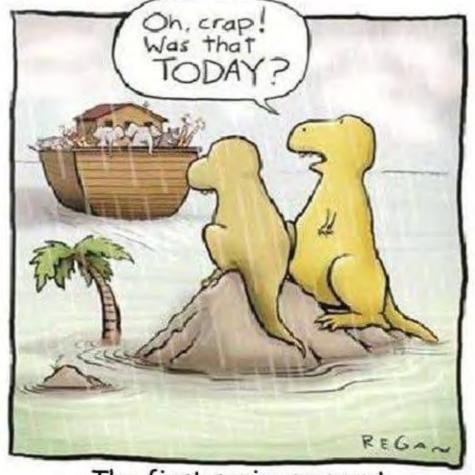




Some people claim that 40 is the new 30 and 50 is the new 40, but all I know is that the older I get, the more 2100 is the new midnight.



Do you ever get up in the morning, look in the mirror and think, "That can't be right"?

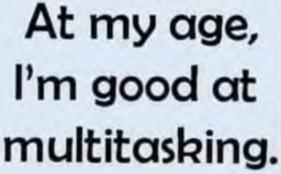


The first senior moment.

When I see people around my age mountain climbing, marvel. feel good getting my left foot through my underwear without losing my balance!







I can listen, ignore and forget all at once.





Some call it "multitasking."

I call it "doing something else while I try to remember what I was supposed to be doing in the first place."













It's the start of a brand-new day, and I'm off like a herd of turtles!



We are still battling Covid 19 and the next thing is here already.

The NILE Virus, type C

Virologists have identified a new Nile virus - type C

It appears to target those who were born between 1940 and 1970

Symptoms:

- 1. Causes you to send the same message twice.
 - 2. Causes you to send a blank message.
- Causes you to send a message to the wrong person.
 - Causes you to send it back to the person who sent it to you.
 - 5. Causes you to forget to attach the attachment.
 - 6. Causes you to hit SEND before you've finished.
 - 7. Causes you to hit DELETE instead of SEND
 - 8. Causes you to SEND when you should DELETE

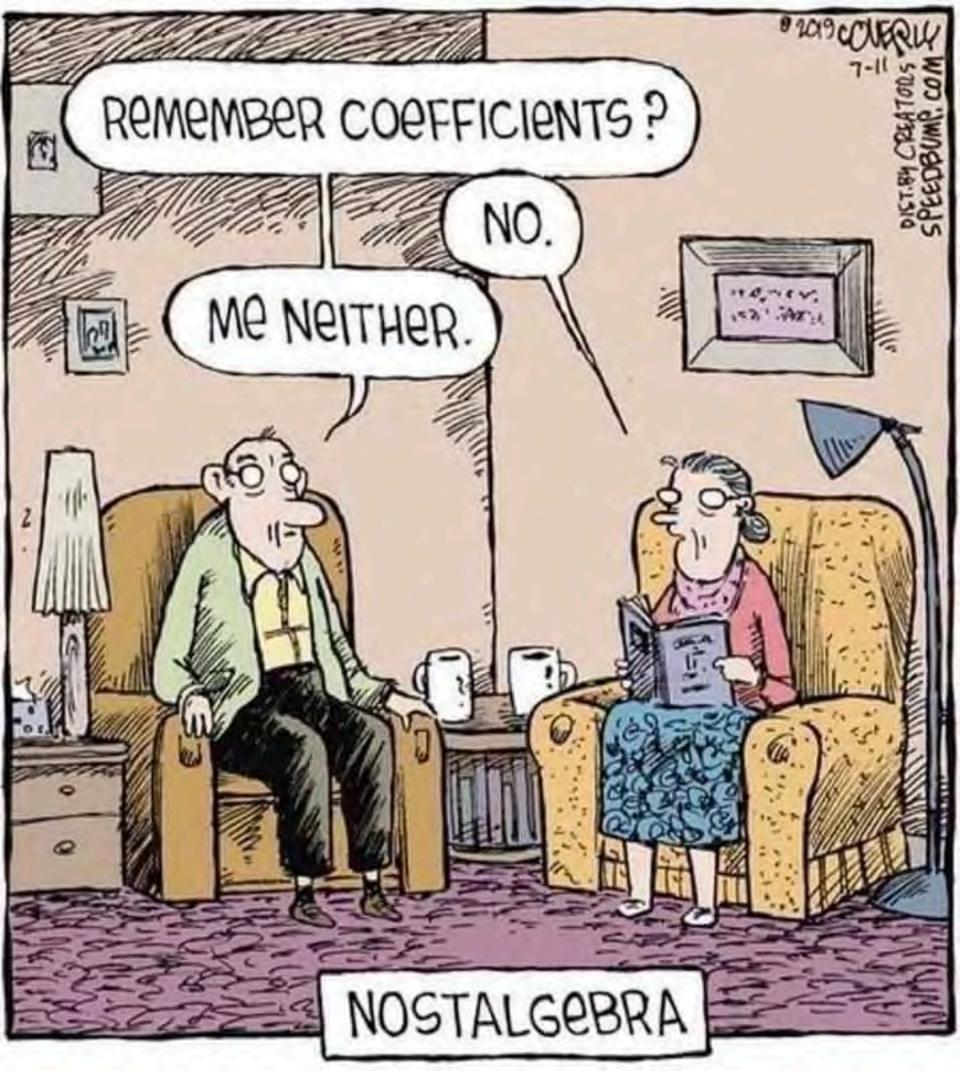
It is called the C-NILE virus!

And if you can't admit to doing the above you've obviously caught the mutated strain, the D-NILE virus.



nfortunately. Sonia had reached that age where all the noises that she used to make during sex she now made getting out of a chair.







"I'm not losing my memory. I'm living in the now."

Middle Age in a Nutshell

- 1. "Who cares if it looks good? I'm comfortable"
 - 2. "Has anyone seen my phone?"
 - 3. "The scale... that cannot be right!"
 - 4. "Did I already take my vitamins?"
 - 5. "Huh, I wonder how I got this bruise..."
- 6. "Why is the print on these instructions so tiny?"
 - 7. "\$5 for a box of cereal? They raised the price and shrunk the box... such a racket!"
 - 8. "Software update again? I don't like updates."
 - 9. "Who in the world is calling me at 9:30pm?"
 - 10. "Sorry, I forgot what I was going to say."
 - 11. "Wait! What did I come in here for?"
 - 12. "I could've sworn that was my password!"

"OID" IS WHEN ...

- Your sweetie says, "Let's go upstairs and make love," and you answer, "Pick one; I can't do both!"
- 2. Your friends compliment you on your new alligator shoes and you're barefoot.
 - 3. Going bra-loss pulls all the wrinkles out of your face.
- 4. You don't care where your spouse goes, just as long as you don't have to go along.
- 5. You are cautioned to slow down by the doctor instead of the Police.
- 6. "Getting a little action" means you don't need to take a laxative today.
- "Getting lucky" means you find your car in the parking lot.
- 8. An "all nighter" means not getting up to use the hathroom.
- 9. You're not sure if these are facts or jokes. (I sent this in large type so you can read it.)

The best things about the good old days was that I wasn't good and I wasn't old.



I think people my age are much older than I.

When I ask my kid if he'd like to hear songs that were popular when I was his age and he says "Sure! I love oldies!"





"Enough with the hard-luck stories about spanking and cursive and appointment television, Dad."

THIS IS HOW WE PLAYED ON LINE



BEFORE THE INTERNET

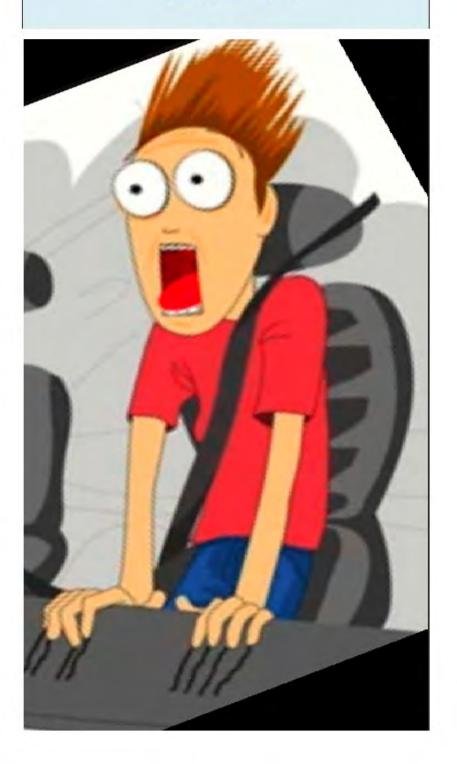






When I say, "The other day..." I could be referring to any time between yesterday and 60 years ago."

I want to die peacefully
in my sleep,
like my grandfather,
not screaming and yelling
like the passengers
in his car.



PEANUTS

An old lady on a bus offers the driver some peanuts, and he happily munches them.

Five minutes later, she offers him some more, and he enjoys them.

After three more cycles like this, the driver becomes curious and asks, "Why aren't you eating the peanuts yourself?"

She answers, "Oh, I can't chew — I have no teeth left."

So the driver asks, "But then why do you buy them?"

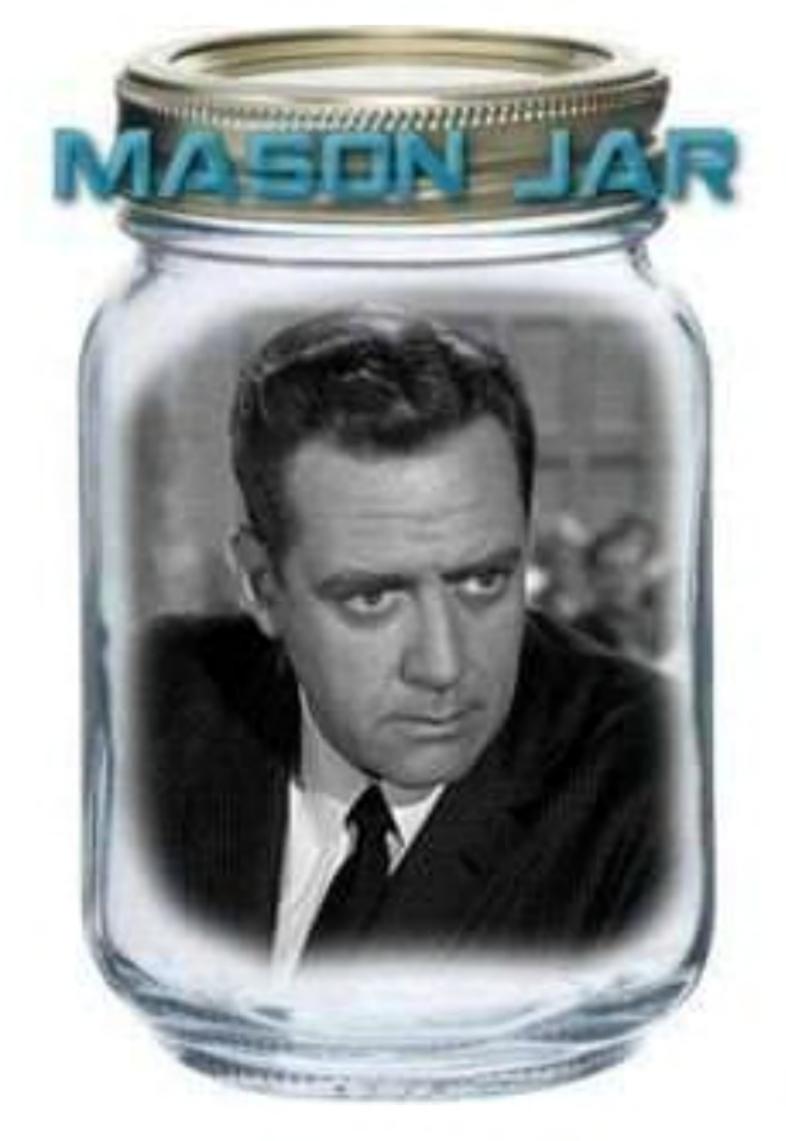
She says happily, "Oh, I just love the chocolate around them."

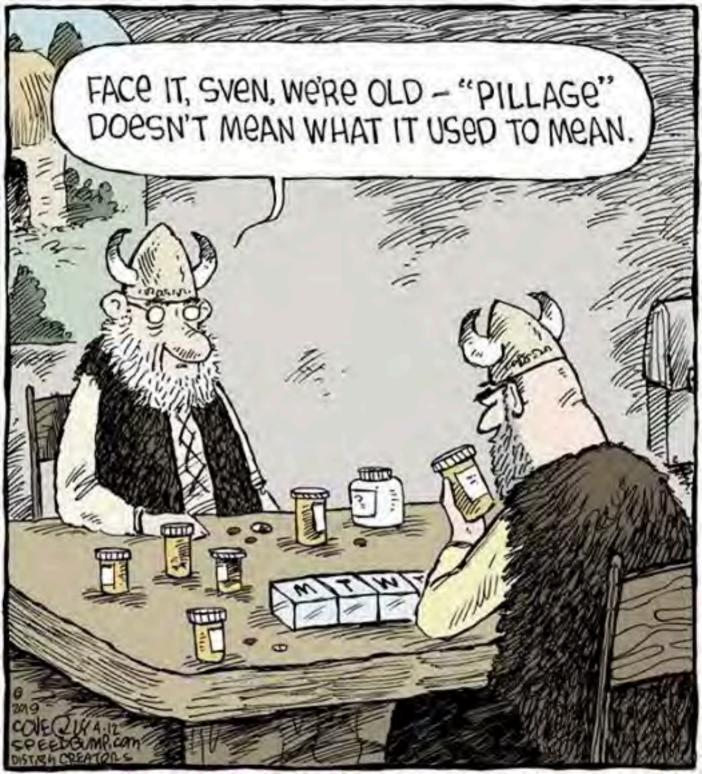


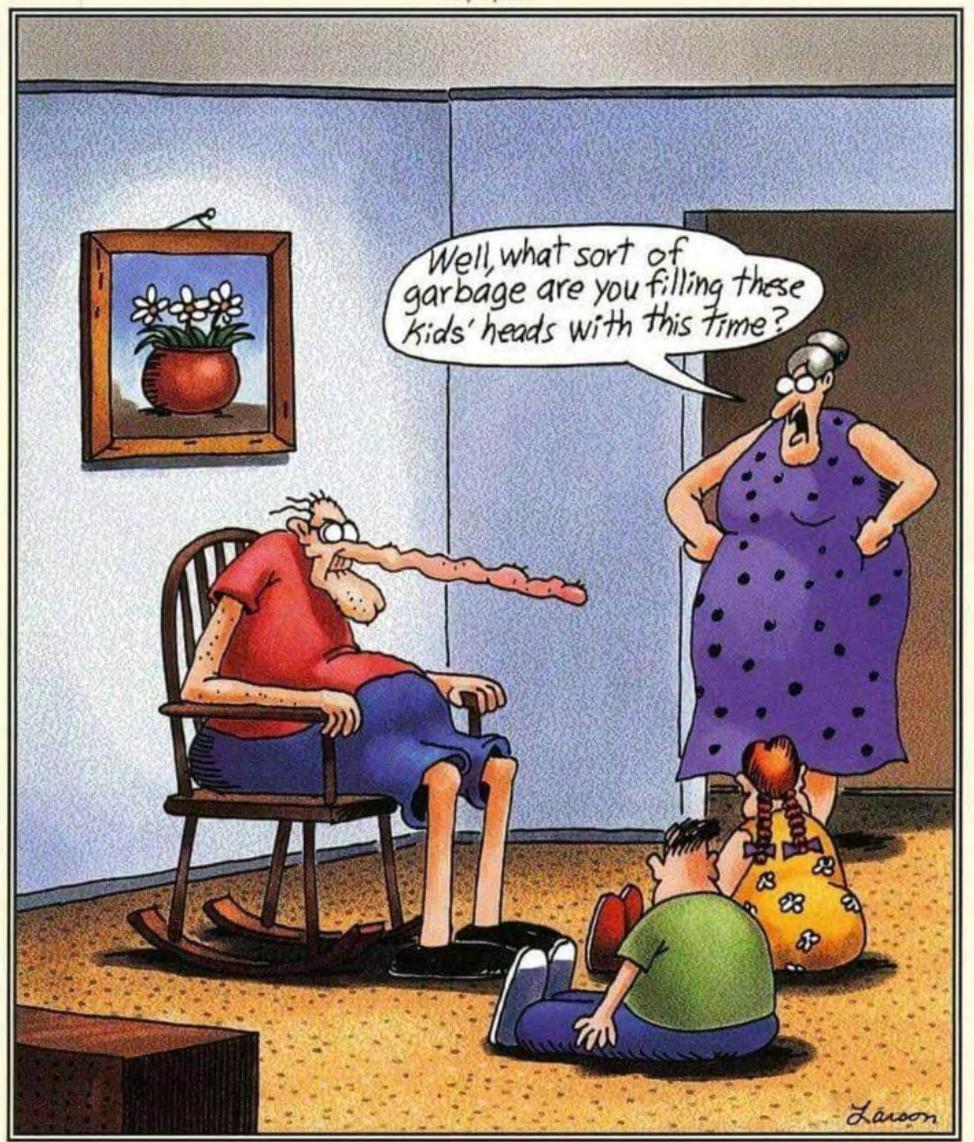


We are not just aging.

We are ripening to perfection!



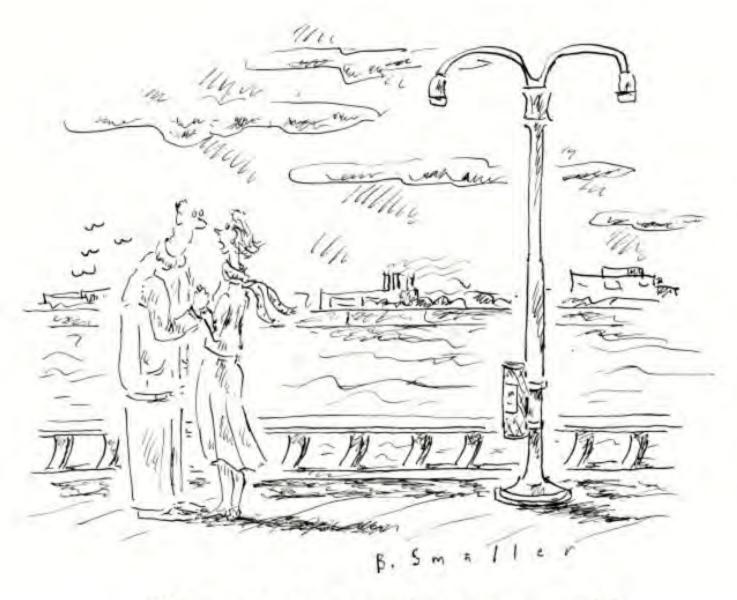




Pinocchio in his later years



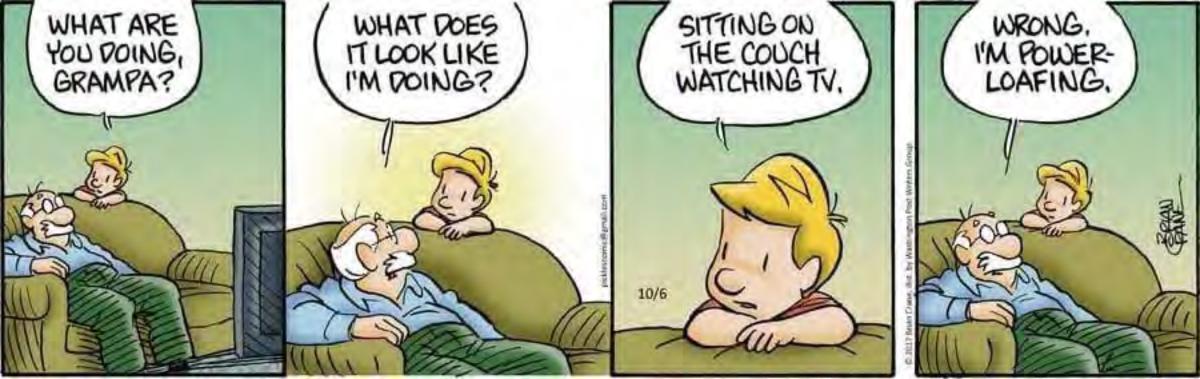
IN HER LATER YEARS, PIPPI CHANGED HER LAST NAME, APPROPRIATELY, TO "SUPPORTSTOCKING"



"I want someone I can grow old and have plastic surgery with."



"You put a round thing on a spinning plate with a needle and then you play with buttons and knobs ... only <u>old</u> people know how to do it!"





A ninety-year-old man is chatting with his doctor after his annual exam. He says, "My wife, who is 18, is expecting a baby!"

The doctor says, "Let me tell you a story. A man went hunting but instead of his gun, he picked up an umbrella by mistake. And when a bear suddenly charged at him, he pointed his umbrella, shot the bear, and killed it on the spot."

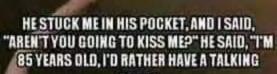
"Impossible," says the old man. "Someone else must have shot that bear."

"That's exactly my point," says the doctor.

- Prairie Home Companion



AN OLD MAN PICKED ME UP, I TOLD HIM, "KISS ME AND I'LL TURN INTO A PRINCESS."



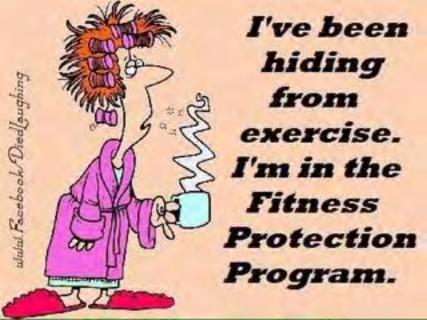


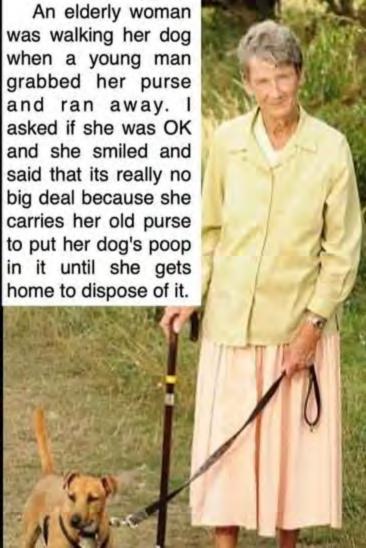


An elderly man was diagnosed with a rare condition requiring human milk as the essential treatment. Word got around in his apartment building, and a kind nursing mother agreed to allow him to suckle until his treatment was over.

On the first day, both were a bit embarrassed, but the young woman firmly instructed the elder on exactly what to do. Everything went well.

On the second day, the old fellah looked up at his savior and asked plaintively, "Could I have a cookie?"







RANDOM THOUGHTS

Having plans sounds like a good idea until you have to put on clothes and leave the house.

It's weird being the same age as old people.

When I was a kid I wanted to be older...this is not what I expected.

Life is like a helicopter. I don't know how to operate a helicopter.

Chocolate is God's way of telling us he likes us a little bit chubby.

It's probably my age that tricks people into thinking I'm an adult.

Never sing in the shower!
Singing leads to dancing,
dancing leads to slipping,
and slipping leads to
paramedics seeing you
naked. So remember...Don't
sing!

My wife asked me to take her to one of those restaurants where they make the food right in front of you. So I took her to Subway and that's how the fight started.

During the middle ages they celebrated the end of the plague with wine and orgies. Does anyone know if there is anything planned when this one ends?

I don't think the therapist is supposed to say "wow," that many times in your first session but here we are...

If 2020 had been a math word-problem: If you're going down a river at 2 MPH and your canoe loses a wheel, how much pancake mix would you need to reshingle your roof?

I see people about my age mountain climbing; I feel good getting my leg through my underwear without losing my balance.

We can all agree that in 2015 not a single person got the answer correct to, 'Where do you see yourself 5 years from now?'

So if a cow doesn't produce milk, is it a milk dud or an udder failure?

If you can't think of a word say "I forgot the English word for it." That way people will think you're bilingual instead of an idiot.

I'm at a place in my life where errands are starting to count as going out.

Coronacoaster noun: the ups and downs of a pandemic.
One day you're loving your bubble, doing work outs, baking banana bread and going for long walks and the next you're crying, drinking gin for breakfast and missing people you don't even like.

I'm at that age where my mind still thinks I'm 29, my humor suggests I'm 12, while my body mostly keeps asking if I'm sure I'm not dead yet.

Don't be worried about your smartphone or TV spying on you. Your vacuum cleaner has been collecting dirt on you for years.

I'm getting tired of being part of a major historical event.

I don't always go the extra mile, but when I do it's because I missed my exit.

How many of us have looked around our family reunion and thought "Well aren't we just two clowns short of a circus?"

At what point can we just start using 2020 as profanity? As in: "That's a load of 2020." or "What in the 2020." or "abso-2020-lutely."

You don't realize how old you are until you sit on the floor and then try to get back up.

We all get heavier as we get older, because there's a lot more information in our heads. That's my story and I'm sticking to it.

G380)



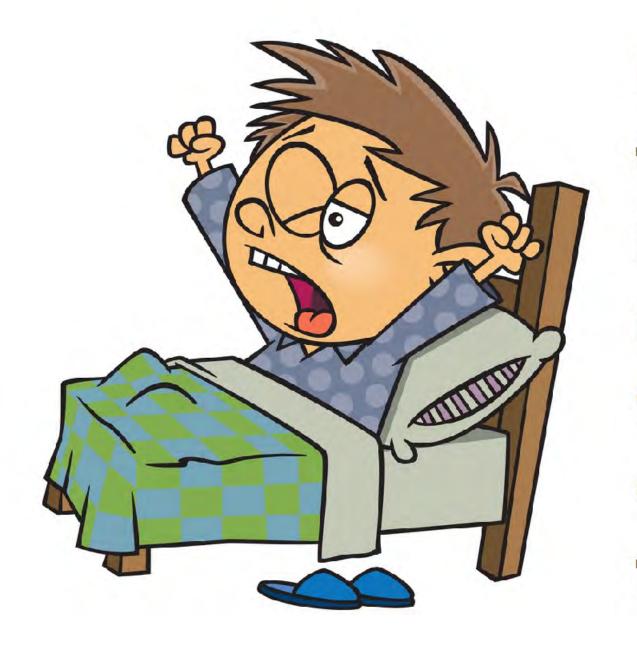


I hate it when I see an old person and then realise we went to high school together.



Do you ever tell yourself,
"Nah, I don't need
to write that down I'll remember it"?

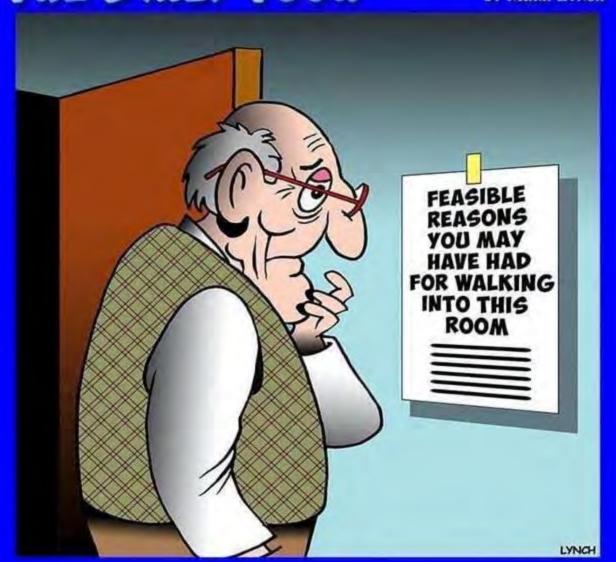
How's that work out for you?



I've been in bed for 20 minutes but I've just remembered that I originally came upstairs for a pen.

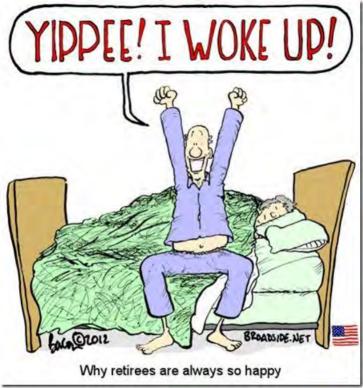
THE DAILY TOOM

BY Mark LYNCH











As I watch this generation try to rewrite our history, two things I'm sure of: it will be misspelled and have incorrect punctuation.



Riding Lawnmower \$300



Nothing makes me feels so old as having to scroll down to find my Year of Birth.









keeping myself sharp by regularly asking myself tough questions like "what happened yesterday" and "what was i planning on doing just now"







For certain visiting grandparents



Things I'm Super Good At

- Forgetting someone's name
 seconds after they tell me.
- Buying produce...and throwing it away two weeks later.
- Digging through the trash for the food box I just tossed, because I already forgot the directions.
- 4. Making plans. And then immediately regretting making plans.
- Leaving laundry in the dryer until it wrinkles. Then turning on the dryer to dewrinkle. Then forgetting it again.
- Calculating how much sleep I'll get if I can just "fall asleep right now".



Don't be afraid of Growing Older

FB/MyDayMyWay



You'll still do Stupid Things... only Slower



Remember when we had to smack the TV because the image was unclear?

I feel that way now about far too many people.

I find, these days, that most of my conversations start out with: "Did I tell you this already?" "What was I going to say?

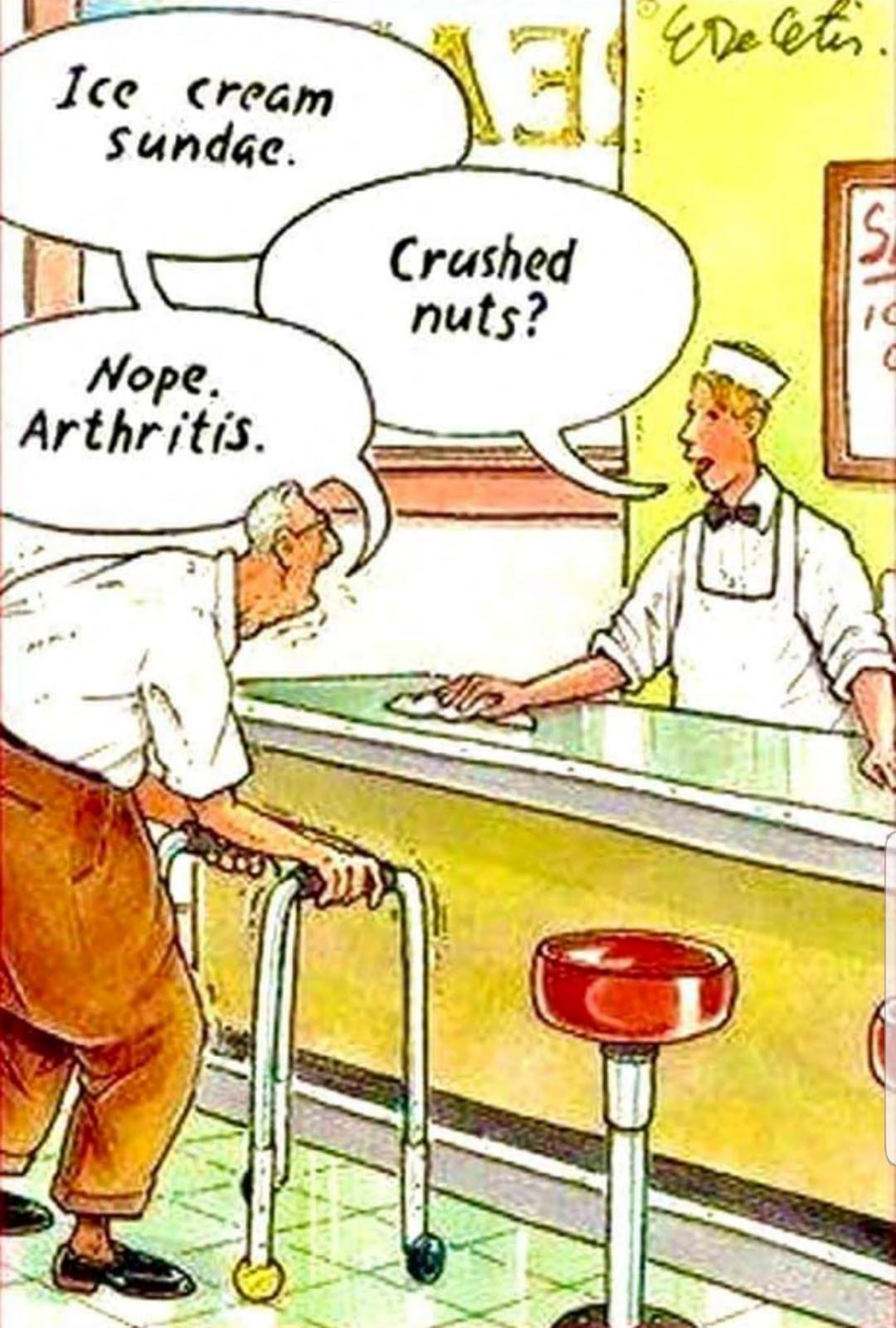


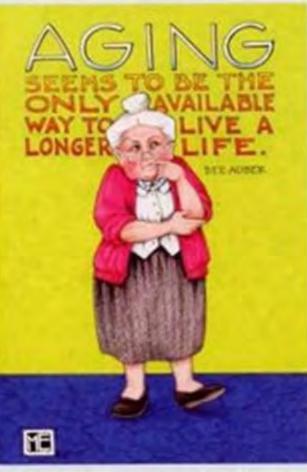
"We need to rethink our strategy of hoping the Internet will just go away."

PULL YOUR STRIPES UP!





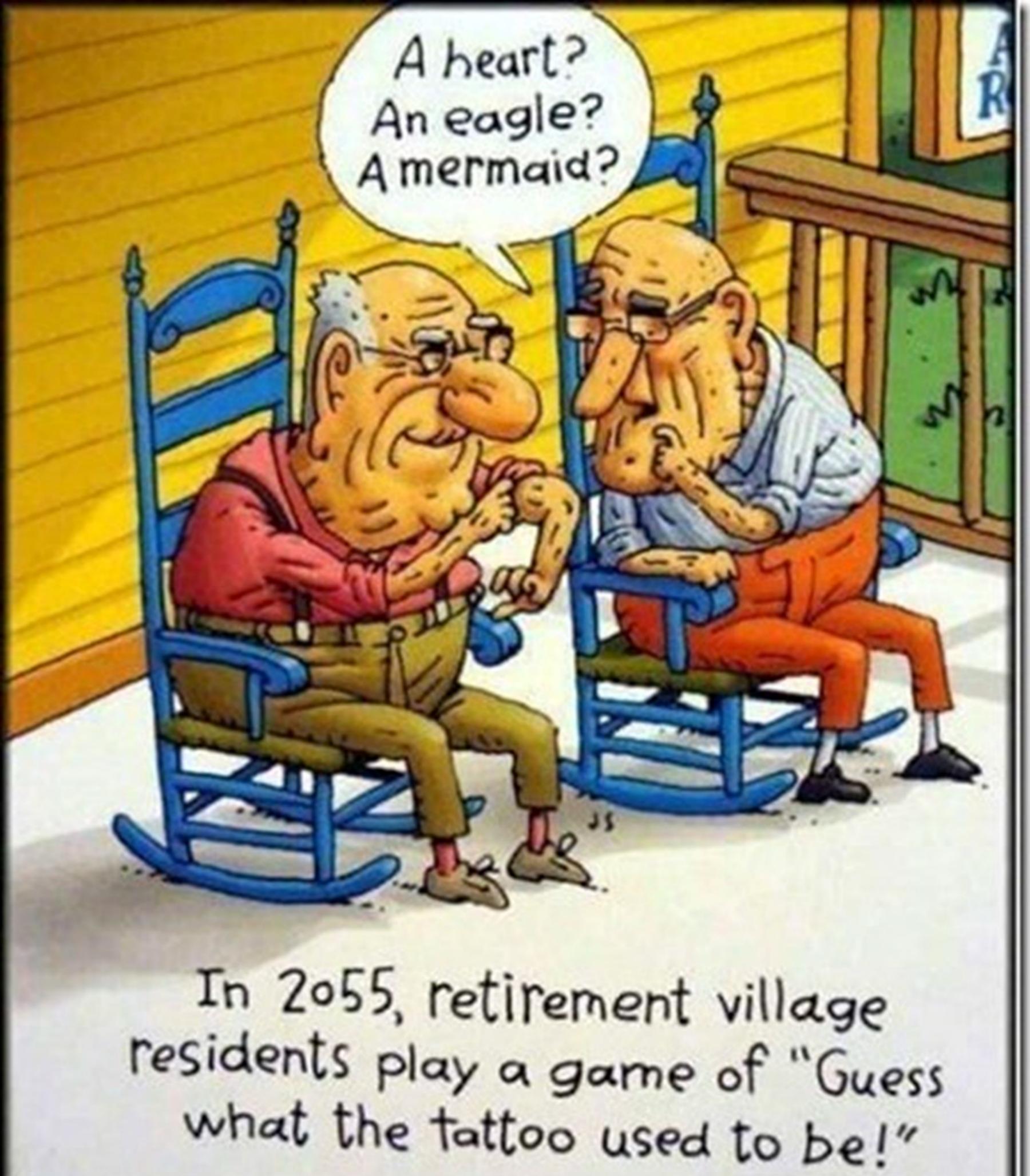




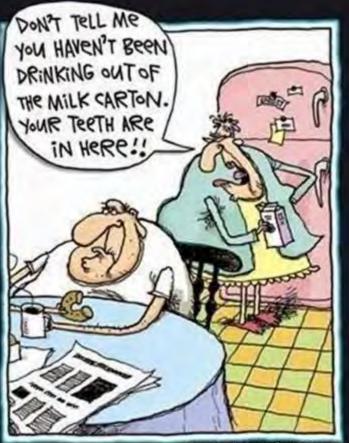


"Old age is when you resent the swimsuit issue of Sports Illustrated because there are fewer articles to read."

George Burns



You know it's a cold day when your teeth start chattering and they're still on the nightstand.



funny-joke-pictures.com



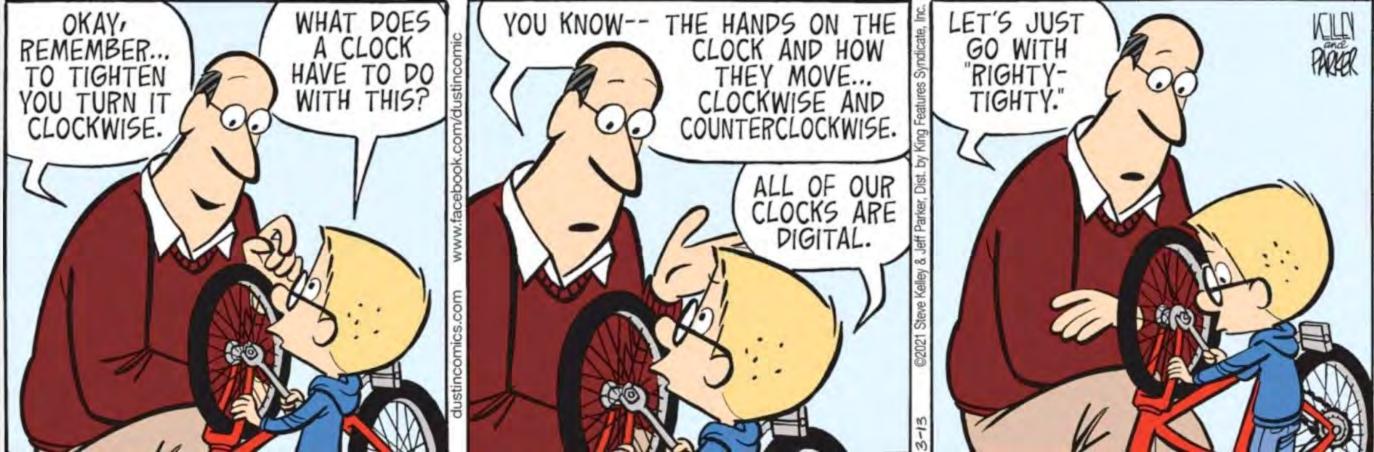
While working for an organization that delivers lunches to elderly shut-ins, I used to take my 4-year-old daughter on my afternoon rounds. She was unfailingly intrigued by the various appliances of old age, particularly the canes, walkers and wheelchairs. One day I found her staring at a pair of false teeth soaking in a glass. As I braced myself for the inevitable barrage of questions, she merely turned and whispered, "The tooth fairy will never believe this!"



COFFEE IN HAND, SUPPLIES AT THE READY,
ALIGE SETTLES IN, WAITING FOR THE
FIRST TELEMARKETER TO GALL.

MY BODY IS A TEMPLE ANCIENT AND CRUMBLING

PROBABLY CURSED OR HAUNTED

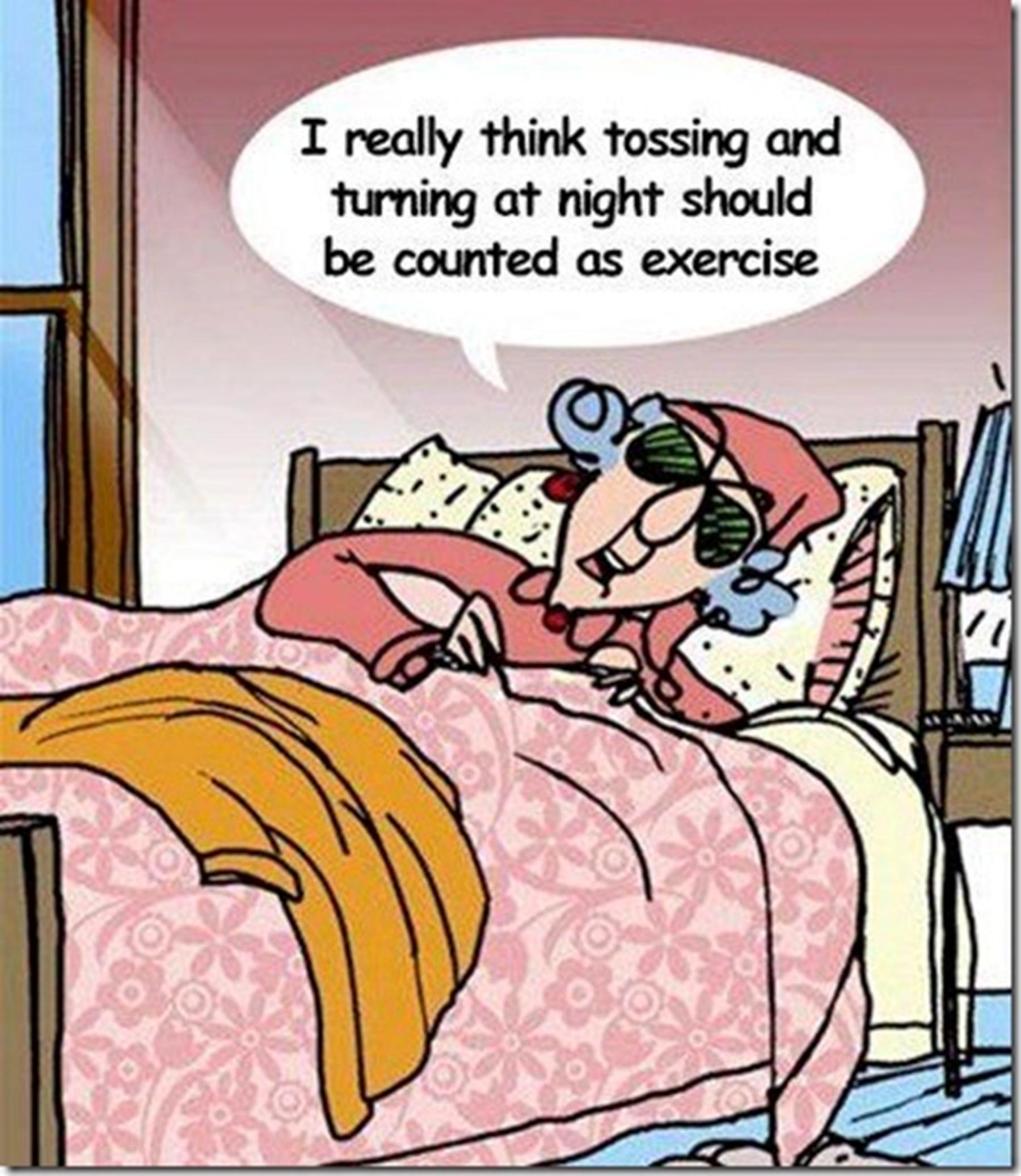


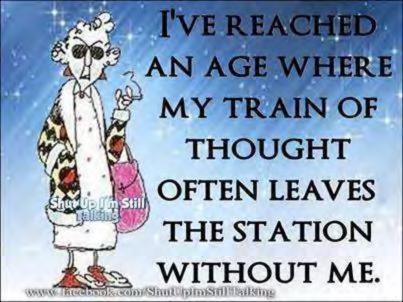
The main function of the little toe on your foot is to make sure that all the furniture in the house is in place.



My tolerance for idiots is extremely low today.

I used to have some immunity built up, but obviously there is a new strain out there.





RETIREMENT TRAINING PROGRAM



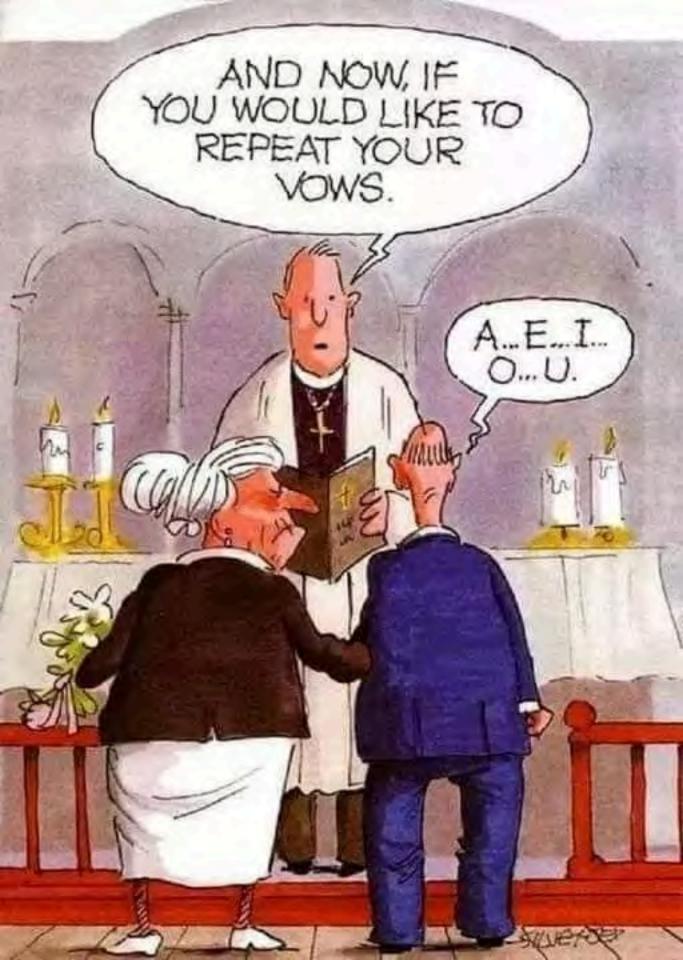
"Very good, Larry! Just one more step and you'll have the entire aisle blocked!"



My brain is like the Bermuda Triangle. Information goes in and then it's never found again.

When I get old, I'm going to move in with my kids. hog the computer, pay no bills, eat all the food. trash the house. and when asked to clean, pitch a fit like it's killing me!





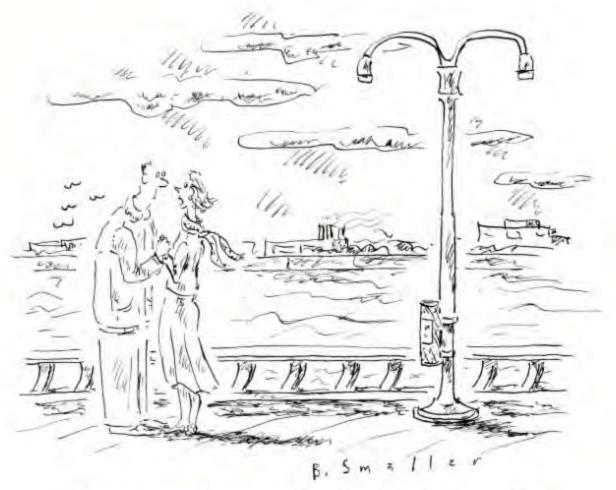




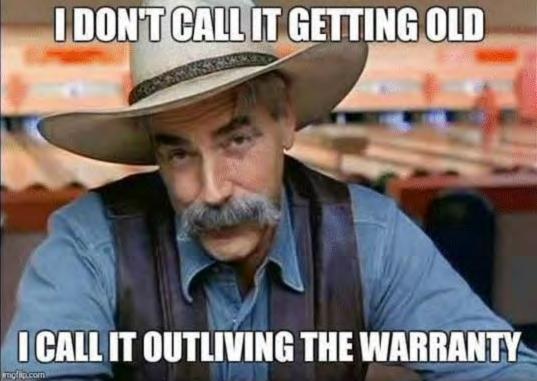
© LaughingStock International Inc., Diet. by Universal UClick for UFS, 2013

1-22





"I want someone I can grow old and have plastic surgery with."





mot Oldon JUST need some WD-40





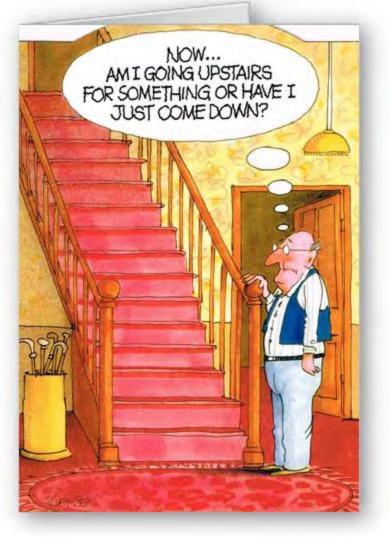
I was born to be wild, but only until around 21:00 or so.





"Inside every older person is a younger person wondering what happened."

- Jennifer Yane





TO OUR GRANDCHILDREN:



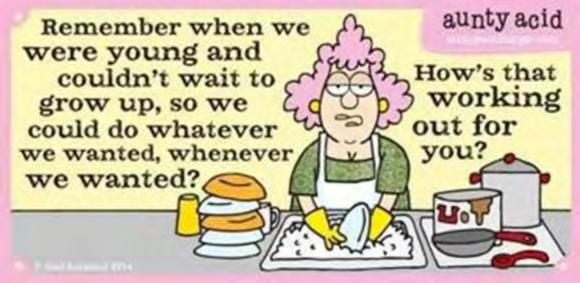
"When we were young, we were poor, but after many years of hard, honest and painstaking work, with constant kindness to others and devotion to our family, we are no longer young."

What do you call an 80 year old cheerleader Old Yeller

60



"Am I sexy yet?"





"First you forget names, then you forget faces, then you forget to pull your zipper up, then you forget to pull your zipper down."

Leo Rosenberg